

## Is My Child Ready for Overnight Camp?

We want every child to be able to succeed during their week at camp! Because of this, we have developed a general guideline for deciding if your child is ready for a week away from home. We hope that considering the following areas of camp alongside the uniqueness of your child will help you determine if your child is ready for an overnight camp experience!

- **Have they spent the night away from home before?**
  - We recommend our campers have experience staying away from home before they come to camp. Plan a sleepover with trusted friends or a weekend at their grandparents!
- **Can they take care of their own personal hygiene?**
  - Due to our policies, campers must be able to shower and get dressed without assistance. It is also important for them to be able to brush their teeth and take care of other hygiene needs.
- **Can they be responsible for their personal items?**
  - Our counselors will assist with this, though campers should be able to keep track of personal items such as backpacks and water bottles. They will have a unique schedule, and we don't want them to leave anything behind!
- **Can they walk distances to/from activities?**
  - Due to the nature of our facilities, campers must be able to walk around camp throughout the day. Our staff are always present to help direct them to the right place!
- **Do they have experience adapting to new situations?**
  - Camp brings many new and exciting things. Because of this, children who have experience with new things such as a new school or starting a new extracurricular activity tend to have an easier transition into the newness of camp.

**If you answered no to any of the questions above, we recommend giving them practice in these areas before sending them to overnight camp. This will allow them to have an amazing week experiencing creation, relationship, and fun!**

**We recommend you start to prepare your child for camp as early as possible! Our Parent Handbook provides detailed information that can give you and your child an idea of what to expect during their week at camp. If you have any questions or concerns, please do not hesitate to contact the camp office at 662-547-6169 or [info@campoftherisingson.com](mailto:info@campoftherisingson.com).**