

Family Camp September 2-5, 2022

Welcome to Family Camp at CRS!

We are thrilled to have your family joining us this Labor Day Weekend! Our goal is for this to be a terrific time for you to grow closer to God, enjoy time together, and grow as a family while experiencing a fun weekend together! This weekend is an opportunity for you to participate in as much or as little as you want of the fun and activities camp offers and to spend intentional time unplugged and playing together. Think of it as a (slightly rustic) all-inclusive vacation where we'll take care of food, cleaning and planning and you just enjoy yourself with an "adults' night out" to boot! Our staff are looking forward to the opportunity to serve your family!

What to bring: (feel free to add to the list!)

- Clothing for CRS is casual: shorts, tees, sweats, swimsuits, tennis shoes, sandals, etc. The ground is gravel paths and wooded areas, so flat, closed toe shoes are recommended! Parents may prefer a light jacket or sweatshirt for indoor speaker times. One night will be an "adults' night out", while the kids will be with our staff, so you may want to have something slightly nicer if you choose to spiff up (maybe nice shorts—it is still camp!).
- We will have Family Games one night, so bring any gear that will help you get ready to compete and unify your family as a team! Feel free to get crazy and creative!
- In swimwear, we ask that modesty be your guide and that our female guests not wear suits that are extremely low cut or expose their stomachs and male guests not wear low-riding trunks.
- Bring your own shampoo and toiletries, sunscreen, bug spray, and flashlight
- Beach towels for swim times
- **Cabin** guests will need to bring bed linens for a twin-size bed and towels. Please note that the bathhouse is a walk from the cabin.

- Guests staying in the **Memphis Guest House** (aka MGH) will be provided bath towels and bed linens.
- Bible and notebook/pen if you are a note taker
- Optional: Fishing gear, tennis rackets (please store and handle personal equipment safely for the protection of all guests).

Please Do NOT bring:

- Alcohol, tobacco products, or vapes on CRS campus
- Fireworks, firearms, or weapons
- Pets or other animals
- Anything of great or sentimental value—Camp is rustic, and we don't want you to lose or damage anything special!

Arrival:

- Check-In is Friday from 6:30-7:15 p.m. at the Hall Lodge. Arrive any time after 6:00 p.m. Friday, September 2nd. Please no sooner, as we want everything just right for you! <u>Supper will not be served Friday evening</u>, so plan to eat before you arrive! We will have a snack that night.
- Please notify the camp office in advance if you will arrive after 7:30 p.m.
- One of our staff will greet you at the road, escort you to your quarters, and assist with unloading! We'll all meet up at 7:30 p.m. in the Lodge for a Welcome and Kick-Off!

Departure:

• We'll have breakfast at 8:00 a.m. on Monday morning and a wrap up time together, then you are free to go!

More Info:

- We have no TVs or telephones in our accommodations. So come prepared simply to interact and build relationships. While wireless internet is available at the MGH and Hall Lodge, we encourage putting away technology as much as possible and using this time to invest in relationships!
- No curfew for our guests, but the MGH upstairs and Hall Lodge close at 10:00 p.m. and this is quiet hours in the cabins so everyone can get to sleep!
- Self-serve Keurig coffee is available upstairs in the MGH or in the Lodge anytime for the early birds or those who need an afternoon caffeine kick.

- Nursery is available for ages 0-2 is located in the Hall Lodge. It will be available during adult Bible study times as well as the adults' night out. You will receive a schedule upon arrival.
- The older kids will have a daily a worship and devotion time and then game time. *Please ask your kids to leave any electronics in the room/cabin during the kids' times. That way, nothing will get lost and the potential for fun and relationships will increase!
- Saturday night there will be a Teens Only special late-night event for those 13 and up!
- Camp store is available each afternoon for snacks—2 items each day is included for the whole family!
- Check in the office CRS themed t-shirts, Nalgene bottles, stickers, and other fun gear.
- Photos from the weekend will be available at our Bunk1.com photo gallery. Use invitation code RISINGSON22 to access them.

Ready to have FUN?

As parents drop off their kids for summer camp, they are always asking when can they do all the fun things? You are in luck, because at family camp, the adults get to participate in the fun too! These activities are available for daily family activity time:

- Climbing tower
- Zipline across the lake
- Fishing (bring your own supplies)

• Frisbee Golf/ Ultimate Frisbee

- Horseback riding

- Crafts
- Tennis Courts (bring own rackets)
- Hiking Trail
- Nine Square

Archery

Archery Tag

- Camp Store snacks
- Octaball and Carpetball at the Pow Wow
- Low Ropes Elements
- Waterfront—canoeing, kayaking, swimming, volleyball, lake zip line and waterslide!

Family Camp Sample Schedule: This is your vacation—everything is optional

Friday, September 2nd

- 6:30-7:30 Registration and Get Settled
- 7:00 Kick-off
- 8:00 Camp Fire event and family fun!

Saturday, September 3rd

7:00	Coffee Available (MGH and Lobby)
7:30	Morning Devotion
8:00	Breakfast
9:15	Worship/Speaker for Adults; Devo/Activities for Kids (nursery)
11:00	Adults only activity time
12:15	Pick up kids
12:30	Lunch
1:00	Family Rest Time
2:00-5:30	Family Activity Time/Camp Store Open for snacks

Saturday continued...

6:00	Dinner—Adults' Night Out
	Kids Fun Night (Nursery Open)
9:15	Teen late night! (13+)

Sunday, September 4th

- 7:00 Coffee Available
- 7:30 Morning Devotion
- 8:00 Breakfast & Family Worship Time
- 9:15 12:15 Family activity time
- 12:30 Lunch
- 1:30 Family Rest Time
- 2:30-4:30 Worship/Speaker for Adults
 - Devo/Activities for Kids (Nursery Open)
- 4:30-5:30 Adults only activities
- 6:00 Dinner
- 7:15 Family Games—come in your Family team gear! (Nursery open)

Monday, September 5th

- 7:00 Coffee Available
- 8:00 Breakfast and Closing
- 9:30 Check-Out

Health Information:

- We will have First Aid kits and First Aid certified personnel on site and our doctor will be checking in. We are twenty minutes away from a hospital.
- Please be sure to complete for each family member a brief medical form available on your online account at https://campoftherisingson.campbrainregistration.com
- For family camp, parents are able to keep medications in their controlled possession and administer them to themselves or their own children as at home.
- Any needed transportation for emergencies would be handled by the individual family.

An inherent risk of exposure to communicable diseases exists in any public place where people are present; therefore, CRS is not able to guarantee that campers will avoid contracting any communicable disease. Many of our camp facilities are full of fresh air, which allows us to safely enjoy so many of the activities we love about camp!

Some current plans to mitigate risk:

- Pre-Arrival Screening: The best way to have a safe weekend is for each person to arrive healthy. Please monitor the health of each attendee the prior to arrival and stay home if exhibiting any symptom of COVID-19 or other communicable diseases. We ask you not to attend camp if:
 - Exposed to COVID-19 in the 5 days before arriving at camp
 - Tested positive for COVID-19 and has not finished quarantine.
- Upon arrival, each attendee will receive a Health check by our team.
- Sanitizing is easy sanitizer and/or hand washing areas will be available in each building and activity area.
- Flexible schedule you have the option to make your own family bubble for the weekend you can enjoy many self-guided activities and maintain physical distance from other family groups.

If a family camp attendee develops symptoms of COVID-19, CRS has rapid tests available. In the event of a positive test, that family member needs to quarantine and would not be able to continue with group activities.

If one of your family members develops symptoms or tests positive for COVID-19 within 10 days of arriving home from camp, please call the camp office to notify us.

Our cancellation policy has been adjusted to address concerns about COVID-19 with a Worry-Free Guarantee: Camp of the Rising Son guarantees that if the session is cancelled due to COVID-19 or if you need to cancel your registration due to COVID-19, you will be able to have the full camp tuition paid refunded back to you.