

2025 PARENT HANDBOOK

- FILL OUT FORMS

Forms and payments are due May 1st

- START PACKING

See your program's 'What to Bring' list

- GET EXCITED!

We can't wait to see you this summer!



2025

REFUGE

Camp of the Rising Son 444 Lake Road French Camp, MS 39745
662-547-6169 info@campoftherisingson.com www.CampoftheRisingSon.com

CAMP OF THE RISING SON
at
FRENCH CAMP ACADEMY 

WELCOME TO CRS!

LETTER TO PARENTS

Dear parents and guardians,

Thank you for choosing Camp of the Rising Son to be part of your camper's summer! We are so excited to get to know him or her and have an incredible week building friendships, working together, having fun in activities, and learning together about Jesus.

We are thrilled to announce REFUGE as our summer 2025 camp theme! We cannot wait to talk with your camper about what it means to have God as our refuge and strength in all parts of our life. For Bible study we will be looking at Old and New Testament characters who trusted in the Lord as their refuge and how we can learn from them.

Your kids can get started on learning the camp theme verse for the summer from the New International Version of the Bible.

“God is our refuge and strength, an ever-present help in trouble.” Psalm 46:1

It is a huge privilege that you have entrusted your camper to us this summer. This year has been full of preparation, and we are truly grateful for the opportunity to spend this week with your camper. Our hope is that this handbook answers all of your camp questions—there is even more information on the FAQ sections of our website! If you have any additional questions, please contact our office at 662-547-6169 or email us at info@campoftherisingson.com. We look forward to seeing you soon for an absolutely incredible summer!

In His Service,

The CRS Team



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2025 DATES

June 8 -13:	Overnight Week 1, CIA Week 1, Girls Adventure Trip 1
June 15 - 20:	Overnight Week 2, CIA Week 2, Boys Adventure Trip 1
June 22 - 27:	Overnight Week 3, CIA Week 3, Girls Adventure Trip 2, Day Camp Week 3
June 29 - July 4:	Overnight Week 4, CIA Week 4, Boys Adventure Trip 2, Day Camp Week 4
July 6 - 11:	Overnight Week 5, CIA Week 5, Day Camp Week 5
July 11 – 13:	Stayover Weekend
July 13 – 18:	Overnight Week 6, CIA Week 6

ACCOUNT INFORMATION

- All families, no matter how you registered, can access a personal online account through the website <https://campoftherisingson.campbrainregistration.com>. There you can login to check your balance, add campers or weeks, complete forms, purchase labels, or make a payment!
- All remaining balances and forms are **due by May 1st**.
- **We will be communicating important updates by email – be sure to add info@campoftherisingson.com to your address list so you don't miss anything!**

ARRIVING AT CAMP (FOR OVERNIGHT, CIA, AND ADVENTURE TRIPS)

We are located on the French Camp Academy campus at 444 Lake Road, French Camp, MS 39745.

Please type in “Camp of the Rising Son” to your map system to be sure to find us!

- Turn onto French Camp Academy Campus off MS Hwy 413 by the giant sign.
- Keep going straight through the campus until you reach camp!
- Follow signs and greeters to the check-in tents.
- Please note that cars will be driving on gravel roads during the drive-through process.

CHECK IN TIMES AND LOCATIONS:

- **Overnight Camp:** 3:00-4:20 p.m. You will be greeted and directed through the check-in stations by camp staff.
 - Drive through check-in is from 3:00-4:20. **Please arrive during your time slot (assigned by last name) to minimize wait times.**
 - 3:00-3:20 = **L-Q**
 - 3:20-3:40 = **E-K**
 - 3:40-4:00 = **R-Z**
 - 4:00-4:20 = **A-D**
- **CIAs:** **Please arrive at 3:00 to be able to help serve our arriving overnight campers** (overnight camper siblings of CIAs can also be dropped off at 3:00).
- **Adventure Trips:** Please arrive at 4:00 p.m. (overnight camper siblings should be dropped off before the trip meeting).
- **Day Camp:** Check out page 21 for Day Camp details!

UPON ARRIVING:

- We can't wait to welcome you and your camper to a full week of fun and excitement! CRS has a drive through check-in—think of it as a drop-off parade! Here are a few things that would help this run as smoothly as possible.
 - Please arrive during your assigned timeslot. This will help us minimize wait times. We'll email a reminder the week prior to your session.
 - We recommend making a restroom stop before arriving to French Camp. If you arrive early, our restroom trailer will be parked at the FCA track for your convenience!
 - While you are waiting, snap a quick photo by the CRS sign and give your camper a hug!

- **Have your balance paid and all your forms submitted BEFORE you get to camp.**
- Have medications *out of luggage* ready to give to our nurse at check-in and have your camper letters ready to drop off!
- From your car you will be directed to drive through a series of tents where you will:
 - Our Registrar will welcome you and check to see if you need to update information, settle accounts, or ask any questions. Also, make sure we know who is picking up your camper!
 - Visit the Healthcare tent to drop off any medications and complete the health screening check. Be sure to give any updates to your child's health history.
 - Pick up any preorders of our super cool camp merchandise at the camp store tent.
 - Finally, stop at the Unit Director in the scout/maiden unit for your camper's t-shirt and cabin assignment!
- You and your camper will be greeted by **your child's counselor** who will then escort your child and help him or her get settled into a bunk. We are asking parents to remain at their cars during this process so campers can jump right into the camp experience and make new friends! Be sure to give hugs and say goodbye before pulling up to their counselor!

TIPS FOR A TERRIFIC CHECK IN:

- Get excited about arriving at camp—decorate your car to make a grand entrance!
- **Please do not arrive early!** We are not able to accommodate early drop-offs.
- Restroom access is available at the track and Lodge Parking lot!
- Please do not bring pets with you to drop off or pick up campers.
- Communicate with your camper about the drive through drop-off. We have found that this process has helped kids to jump right in to all the fun we have for them!
- **Tell your camper how much fun they will have at camp, and you can't wait to hear all about their week on Friday!**

LATE ARRIVALS:

If circumstances cause you to arrive after the designated time, please call the camp office (662-547-6169) so we can plan accordingly! Any registered campers who have not arrived by the end of the designated check in time without prior notice will be contacted by the camp office. All campers must arrive by 8:00 a.m. on Monday.

GET EXCITED!!!

Is your camper more than thrilled about coming to camp?! Let us know by using the #crs2025REFUGE on posts that show your camper packing or otherwise getting ready for his or her week at CRS! We can't wait to see our campers' smiles!

CREATION  RELATIONSHIPS  FUN

DEPARTING CAMP

UPON DEPARTURE:

- Join us for the Closing Ceremony **Friday at 3:30 p.m.** in the Lodge! You will be able to enjoy a peek of your camper's week as well as watch a video of the week! Parking opens at **2:30 p.m.**
- Be sure to check the **lost and found** table on your way in to grab anything your camper missed and make a quick stop at Camp Store to grab some fun gear!
- You will meet your camper at his/her cabin after the ceremony. Here your camper will receive his/her newspaper, picture, character award, and camper prize (2nd year campers and higher)! This is a great time to meet the friends they have made and snap pics with the counselors!
- At the unit, you will sign out your camper with their counselor by showing your ID to verify you are on the authorized pickup list. **Be sure to have your government issued ID ready – this is REQUIRED to pick up your camper.**
 - **Your written permission is required for CRS to release your child to anyone other than their parent or guardian.** You can let us know in advance by updating this household information on your online account at least 24 hours prior to pick up, or you can notify the registrar during check-in if this is your plan. Email info@campoftherisingson.com to contact our registrar.
- Enjoy the car ride home hearing all about your camper's amazing week!
- **We ask that no child leave until Friday afternoon.** This is to ensure your child and all the campers receive the maximum benefit of their time at camp. For any early departures needed, please contact the camp office to arrange before the camp session. If a camper needs to leave during a session, he/she will be unable to return to camp for the remainder of that session.

HEALTH MATTERS

Thank you for entrusting our child to our care this summer. The safety and well-being of our campers is of utmost importance to us, and we ask to partner with us to ensure a safe, healthy week for each child. Our healthcare staff are available 24 hours a day should a camper need care due to injury or illness.

Please help us take the best possible care of your child by reviewing the following instructions:

- **Please return the completed Health History Form by May 1st.** The Health History form is available on your online account or on our website under "Camp Forms". It should be completed by the parent. It is important that we have current information on your child's health to offer the best care possible, so please contact the camp if any information changes after submitting your child's Health History form.
- If your camper has special dietary needs, please notify the office at least 2 weeks in advance.
- **Please keep sick campers at home.** The best way to have a safe week of camp is for each person to arrive healthy! We ask that parents pre-screen their child for fever, symptoms of contagious disease, and lice before bringing them to camp. A child must be free of fever, lice, or any signs of contagious disease for at least 24 hours before arriving at camp. If your child gets sick immediately before his scheduled camp week, please call the office to arrange for late arrival or a change of weeks.

We appreciate each family taking these additional precautions to help us keep camp healthy!

- **A Health Check and screening** including a temperature and head lice check will be provided for each camper during check-in.
 - Should a camper present a fever of 100.2 or higher on the initial check, he or she will be asked to visit a secondary screening area. Confirmed presence of a fever of 100.2 or higher will necessitate cancellation or rescheduling of a camper's visit to later in the summer.
 - Campers will be asked about any possible recent contagious disease exposure and symptoms.
 - Any camper found with lice must be taken home for treatment. The camper may return to camp when lice free and will be re-checked upon arrival.
- **Medications should be given to the Health Supervisor during Check-In.** Campers are not permitted to have any medications in the cabin.
- Medications will **only be dispensed from their original containers**. Prescription drugs must be in the original container and prescribed to your camper. Non-prescription drugs will be dispensed only under the signed instructions of a parent or physician. The camp infirmary keeps a stock of commonly needed medications, so bringing non-prescription drugs is unnecessary unless the camper takes them on a regular basis. The Health Supervisor makes certain all campers receive medications as directed on the health form. *Please note - pillboxes or pills in Ziplock bags cannot be accepted.*
- The only medications allowed outside the camp infirmary are rescue inhalers, diabetic supplies, and epi-pens for campers who are accustomed to being responsible for these. You must check-in with the Health Supervisor if your camper carries one of these.
- During camp, **we will contact you by phone if your camper requires more than 24 hours of rest in the infirmary, needs to visit the doctor, or receive prescription medication.**
- Campers whose medical needs are beyond what our healthcare staff can accommodate will be taken to Trace Urgent Care or to Baptist Medical Center Attala in Kosciusko, MS.

CRS is committed to following best practices and following guidelines so that parents can be confident in their child's camp experience. However, we are not able to guarantee that campers will avoid contracting any communicable disease. By registering a camper, you are assuming full responsibility for such risk.

- CRS has the ability to test any camper exhibiting symptoms of infectious diseases and offer comfortable infirmary facilities while waiting for parent pick up.
- If your camper tests positive for a highly contagious disease (such as COVID-19, flu, strep throat, or pink eye) or runs fever for more than 36 hours, parents will be contacted to pick up as soon as possible.
- Handwashing and sanitizer is available around camp to help keep those hands clean!
- If your camper develops symptoms or tests positive for an infectious disease within one week of arriving home from camp, please call the camp office to notify us.

STAYING IN TOUCH

- If you need to reach the camp office call 662-547-6169 or email info@campoftherisingson.com. We have staff available 7:30 a.m. to 6:00 p.m. except mealtimes and weekends.
- During your camper's session, for an after-hours emergency contact **662-516-5551** to reach our leadership team member on call. *Please note registration questions cannot be handled through this line.*
- **Campers love to get mail!** Send cards and letters and encourage family and friends to do the same! Address it to your camper's full name and include your camper's cabin (if known) on the envelope.

Send Mail to: "Your Child's Name"
Camp of the Rising Son
444 Lake Road
French Camp, MS 39745

- We encourage you to send a letter before coming to camp so that your camper will receive mail on time (we will be sure it gets to the right cabin). ***You may also drop off letters at check in for us to give to your camper throughout the week.*** Please include your camper's first AND last name as well as the day you would like the letter to be delivered (campers will not receive letters on Sunday). This method ensures that it will not be delayed by the mail system!
- **CRS is package Free!** Camp is a gift in itself and packages are an unnecessary distraction. All envelopes containing items other than a letter are considered packages and will be held in the camp office for you to pick up on Friday. The only exceptions are forgotten necessary items or if your camper has a birthday during the week. Do not send candy, gum, or other food items...this invites insects into the cabins. Please notify anyone necessary of the no-package policy!
- **Use BUNK1 to stay connected with camp throughout the week through photos and email!** *See the information sheet at the end of the packet for more details.*
 - **Camper Email!** *Though not as good as an actual letter*, CRS offers Bunk Notes, a for-fee service that allows you to email your child and even receive a handwritten reply in your inbox.
 - **View the photo gallery!** Our photo gallery is updated throughout the week with photos to allow parents a sneak peek into camp life. While we take as many photos as possible, we may not have a picture of your child every day. Viewing the photos is free through Bunk1 account!

Create an account:

- Step 1: Go to www.Bunk1.com (or download the app!)
- Step 2: Create an account and link to CRS through the invitation code **RISINGSON25**

When creating your account, please enter a cell phone number and enable SMS notifications. We will use this communication during your camper's session if we need to contact you about any important updates or emergencies that may arise.

- Step 3: Select a bundle to send emails or **choose Photo Gallery access only for free.** *See the Bunk1 info sheet at the end of the packet for details.*
- **Please reserve telephone calls for business purposes and emergencies.** The camp experience is "unplugged," so campers do not have access to a phone. Your questions are

always welcomed by our camp office. One of our staff will contact you by phone if we have concerns about your child.

- Due to the busy camp schedule and for the safety of all campers, parent or family member visitation is not allowed during camp sessions. Please call the office should any concerns arise.
- **Leave cell phones at home.** Camp is a place where we “unplug” from the digital world in order to enjoy face to face relationships and fun. In a situation where a phone is needed for the trip to and from camp, please turn it into the office. It can be picked up from the counselor on the final day of camp.
- **Birthdays at Camp!** We love celebrating birthdays at CRS! Camp staff sing a special Happy Birthday song and a special treat is prepared for the birthday camper’s cabin! A camper’s birthday is an exception to the no-package policy! The standard no phone call policy is still followed.
- Keep in touch with CRS throughout the week and all year long through the Camp of the Rising Son Facebook page or follow us @CRS_talk on Instagram! Look out for #crs2025REFUGE.



GENERAL INFORMATION

- **Campers do not need money at camp.** Camp tuition includes all expenses for activities, a daily snack Monday-Friday from the Camp Store, a camp T-shirt, and a camp picture. Families can purchase CRS merchandise online through our camp store to be picked up during camper drop-off or during pick-up on Fridays!
- **Cabin assignments are given out at check-in.** Your camper may request to be housed in the same cabin as a specific friend. We guarantee to honor *one mutually requested cabinmate within one grade of each other*. Meeting and making new friends are a real benefit of camp! (Larger group requests may be divided up). Each cabin has 2 counselors and up to 12 campers.
- **Lost and found.** We want each camper to go home with every item brought to camp! While we do our best to get items back to your child, sometimes they do not even recognize their own things! At pick-up each Friday we display the lost and found collected. *Please stop by to check for your child’s items before leaving.* Clearly mark your camper’s items—we offer kid proof name labels from Oliver’s Labels. Access the [link](#) through your online account summary under “Camp Extras.” Items left behind will be held for one month, after which they will be donated.
- **Camp rules** are established to help all campers safely enjoy their week of camp. Campers must willingly agree to abide by the rules as explained in camp and activity orientations. Parents will be contacted if there is a continuous problem of behavior that threatens safety or detracts from the wholesome environment Camp of the Rising Son desires to provide. A camper determined by the Camp Director to have committed a major violation or continues behavior detrimental to the camp community will be dismissed from camp.

- **Weekly Themes.** A delightful CRS tradition is to feature a fun-filled theme each week! We have PLENTY of costumes and props, but feel free to send your camper with theme items if you wish!

Week 1	Week 2	Week 3
<p>MYSTERY ISLAND</p> <p>Adventure awaits when word gets around that there is treasure hidden around the campgrounds. The pirates need your help to find the treasure!</p>	<p>WELCOME TO THE WEST</p> <p>It's time for the best rodeo in the west! BUT WAIT... the grand ole rodeo trophy has been stolen! Will it be found in time for the rodeo to take place?</p>	<p>Searching the Safari</p> <p>Did someone say beaver sharks?? Explorers have found out about the infamous beaver shark and are determined to find it. It's time to finally discover the mystery of the beaver shark!</p>
Week 4	Week 5	Week 6
<p>GO FOR GOLD</p> <p>Team USA needs your help to get the gold! With tough challenges ahead, we need your help to earn our medal. Teams will work together to earn a gold medal and make USA history!</p>	<p>Anything Can Happen</p> <p>Mad scientists have made their stop at CRS. Who knows what they will get us into. One thing is certain though... anything can happen!</p>	<p>Christmas in July</p> <p>All is calm at CRS until... JACK FROST ARRIVES! Looks like camp is going to be a little frosty this week. Can we make the best of a chilly situation?</p>

TIPS FOR YOUR CHILD'S SUCCESS:

Homesickness is a normal part of adjusting to camp life for some campers. It is typically an anxious feeling brought on by adjusting to a new environment. With our 1:6 counselor to camper ratio, intensive staff training, and active schedule, homesickness is usually kept at bay. If it does occur, our staff are prepared to support any camper dealing with homesickness. Our goal is for each camper to have a successful week--we know that growth and self-confidence come through taking risks and overcoming challenges. With a little preparation from you, together we can help your child have a wonderful week!

- Communicate confidently to your camper that they will have a great week. Talk about all the things your child has to look forward to and keep up their excitement about camp while encouraging them to make new friends and try new things.
- Look over the activity list and help your camper get excited about the fun they will experience during camp!

- **Do not** tell your camper that they can come or call home if they do not like camp. This contributes to homesickness and cripples the camper's ability to adjust to camp life. Our staff will contact the parents of a camper experiencing above average levels of homesickness by phone.
- If your child is not used to being away from you, give them some practice overnight stays with grandparents, family, or friends.
- Don't overschedule your child's summer. If he or she is attending other overnight camps, physical exhaustion can cause homesickness. Schedule a time of rest at home before coming to CRS.
- On Check-in Day drive to the unit, let him/her know it will be a terrific week and you can't wait to hear stories of camp adventures on Friday, and keep the goodbye short and sweet. This helps prevent homesickness and encourages your child to bond with his chiefs and cabinmates.
- Let your camper know they can go to their counselor or unit director with any problems or questions. Campers are also able to report any concerns directly to the Director through the anonymous reporting box in the dining room.
- Avoid sending letters that tell details of what is being missed at home; instead, focus on the fun things they are experiencing at camp and encourage them that it is okay to have fun while away.
- If you receive a letter from your camper about missing home, do not panic. Remind yourself that your child is surrounded by chiefs making every effort to help them have fun and feel safe. Feel free to email or call the camp office to check on your child.

AFTER CAMP

- After your child's session, you will receive a parent survey to evaluate your child's experience with us. Please let us know about your child's experience as we strive to continually improve!
- Your camper will receive a letter from his or her counselor during the school year. We work hard to recruit and train excellent, trustworthy staff and encourage them to develop wholesome, healthy relationships with campers. Our desire is that our staff has had a positive impact on your child. With the abundance of ways to communicate available today, we want you to be an informed decision maker regarding communication between our staff and your campers outside of the camp setting. We expect behavior that is above reproach from our staff. Our policy is that all communication with a camper must be open and accessible to the parent. Please notify us immediately if you suspect any inappropriate behavior by one of our staff members.



WHAT TO LEAVE AT HOME

We desire to create the best and safest camp environment possible. The following items are not allowed because they take away from the camp experience or pose a safety risk.

- Anything of great or sentimental value (e.g., valuables, expensive sunglasses, jewelry, digital camera, money...)
- Any electronic device other than a simple watch. We do not allow cell phones, digital cameras, IPODs, MP3 players, radios, walkie talkies, handheld games, DVD players, e-readers, any device with video capability, etc... (A disposable camera is ok.) Charging for any type of device is not available. *Camp is a place to be unplugged, make friends, and experience new things!*
- Food, candy, or gum (*these invite insects into our cabins*)
- Fireworks, firearms, weapons
- Magazines or inappropriate reading material (including horror or any sexual content)
- Make-up, hair dryers, curling irons (*in the spirit of camping there is not time for these*)
- Electric fans (*small battery powered fans are acceptable*)
- Pets or animals
- Swimsuits with a low neckline or skin showing in the middle of the body
- Personal sports equipment
- High-end clothing that should not get dirty
- Alcohol, drugs, tobacco products, vapes, and explicit material. **If any of these items are found in your camper's possessions, you will be contacted by the Camp Director, and your camper may be sent home with no refund.**

Any of these items brought to camp will be held in the camp office to be picked up on Friday.

Campers are responsible for their own belongings. Our staff do all they can to help your camper keep up with his or her items, but CRS cannot assume responsibility for a camper's belongings. If a camper would be devastated by losing an item, then we suggest not packing it.



OVERNIGHT CAMP INFO: (AGES 7-13)

FORMS TO COMPLETE (forms are due May 1st)

- Confidential Form
- Health History Form

SAMPLE DAILY SCHEDULE

7:00	Rise and shine—cabin clean-up	3:15-5:30	More Activities!
7:40	Flag Raising and Worship	5:50	Flag Lowering and Waiter Call
8:10	Breakfast	6:00	Supper
8:45-12:15	Activity Time!	6:45-8:30	Evening Program—varies
12:30	Lunch	8:30	Showers and Devotions
1:10	Bible Study, Camp Store, Rest	9:30	Taps—Lights Out!

OVERNIGHT WHAT TO BRING

Life at camp is simple—less is best! Please keep in mind your camper will be responsible for managing all belongings while at camp! Cabin space is limited--campers may pack in a trunk, tub, suitcase, or duffel bag. Please pack in as few bags as possible as our staff will be carrying the luggage to the cabins! Luggage should be less than 15" high to fit under the bunks.

Clothing:

- 6 changes of casual clothes, underwear, and socks (Camp can be rough on clothes; please don't send anything you mind getting dirty)
 - Modest is key—please no spaghetti straps, crop tops, short shorts, or shorts with writing on the rear.
 - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- 1 pair long pants or jeans (required for horse activities and recommended for campout)
- 2 swimsuits (Girls must wear a one-piece or a tankini with no skin in the middle area of the body showing, that provide full coverage). We want your camper to be able to participate fully in all activities by wearing bathing suits that will allow for the full range of motion and functionality. Keep in mind the lake water may stain.
- P.J.s
- Rain gear (poncho or light raincoat)
- Closed-toed or tennis shoes. (Heeled boots are required for horses*)
- Water shoes (or Chaco/Keen type sandals) for walking across levy to water zip line!
- A long sleeve shirt or sweatshirt if the weather forecast predicts cool evenings/mornings
- Costume related to theme of the week (optional)



Linens:

- Twin sheets, light blanket, and pillow for cabin
- 3 towels (1 for swimming, 2 for bathing)

Toiletries:

- Flip flops or shower shoes
- Soap, toothbrush, toothpaste, shampoo, deodorant, etc.... in container for carrying to bathhouse
- Non-Aerosol Insect Repellent
- Spray Sunscreen

Miscellaneous:

- Bible
- Flashlight or headlamp (don't forget the batteries!)
- Laundry bag
- Pen/Pencil
- Stationery and pre-addressed stamped envelopes for writing home
- Book or other quiet activity for rest time
- Battery operated fan (suggested for cabin).
- Small backpack or bag for carrying change of clothes for between activities.
- Water bottle
- **Eno/Hammock (optional for older campers) with sleeping bag or blanket for campout.

*Heeled boots are required for horse trail and arena activities. However, please do not purchase boots only for camp—we have “loaner” pairs.

** All campers (weather permitting) participate in a campfire meal with s'mores. Older campers (those in cabins with the majority of campers aged 10 and older) may have the opportunity to campout in individual hammocks. Camp has hammocks available, but if they have their own, it would be helpful to bring!



All items should be plainly marked with the camper's name in permanent marker or order name labels by logging on to your registration account and click “Camp Extras” or going straight to www.oliverslabels.com/CampooftheRisingSon CRS has partnered with Oliver's Labels to offer waterproof, fun labels to be the first line of defense from the lost-and-found!

****Please see What to Leave at Home on page 12 of the handbook**

OVERNIGHT CAMP ACTIVITIES



Activities at Camp of the Rising Son are the most looked forward to part of each day! At CRS, each camper gets to **personalize his or her activities!**

Many of our activities are also part of the awards program that allows campers to gain skills and complete tasks to earn their activity award. This program builds if they do it again next year!

Campers will sign up in person for their activities during our Sunday night event. This allows campers the opportunity to practice independence, increased control over activity selection, and the ability to coordinate their schedule with friends or cabinmates. Each camper participates in five activities daily, going to each one Monday-Thursday.

Before camp help your camper become familiar with the activities below. In the cabin upon check-in, your camper will receive their sign-up form and mark **five top preferences plus two alternates**. Campers will then use this form to officially sign-up for activities in person during Camp Kick-Off Sunday night. Counselors work with each camper to be certain that each one is pleased with his activity schedule. Every activity is staffed by chiefs who have been certified and/or trained in that area of instruction. Several activities are age-specific, allowing campers to experience new things as they return to camp.

ACTIVITIES OFFERED FOR ALL AGES:

Archery: Campers are taught safe bow handling and shooting techniques. Striving to get a bullseye, learning safety rules, parts of the bow and arrow, and shooting for points make this activity a lot of fun. *Archery is part of the CRS award program.*

Art: This activity is a great opportunity for campers to express themselves creatively. Campers will be exposed to several types of mediums and create a portfolio of various works to bring home by the end of the week.

Canoeing: Enjoy learning to control a canoe, various paddle strokes, and the basics of water rescue out on picturesque Lake Ann. *Canoeing is part of the CRS award program.*

Dance: Jazz, Hip-Hop, and fun! Campers will learn fun moves, group dances and coordination skills. Camp is the perfect place to try out a new style and show off talent. Dancers perform a group dance for the camp on Friday.

Fishing: **Campers can relax beside beautiful Lake Ann and learn to bait a hook, cast, and reel one in!** *Fishing is part of the CRS award program.*

Free Swim: In Free Swim, campers get to cool off in the water down at our pool, make a big splash on our water slide, and play games or just chill with friends.

Horses—Arena Rides: Campers receive basic lessons in riding, grooming, care, and safety in our covered arena. Learn to lead, bridle, saddle, as well as do some horsing around!

Leather & Crafts: Campers have the opportunity to create a variety of unique crafts using leather, hammers, stamps, and dye as well as fun other creative projects. These creations will be treasured for years to come!

Mixed Sports: Campers will have the opportunity to play various active games and team sports from soccer or flag football to pillow polo! We'll concentrate on learning how to work together, new skills, and have fun!

Nature: Enjoy exploring the CRS property while learning to identify the area plant and wildlife. Hunt for leaves, insects, and animal tracks or hike to our sulfur spring. *Nature is part of the CRS award program.*

Pottery: Campers get to make various clay creations from learning to hand shape a "pinch pot", to jewelry, and most anything they can dream up. Their pieces are fired in our kiln and then painted by the artists themselves.

Ropes Course: This exciting activity features our 30-foot climbing tower and the chance to zip over Lake Ann! From beginner to experienced everyone can find a challenge here! Campers also learn teamwork techniques with our group games and low ropes elements. *Ropes Course is part of the CRS award program.*

STUFF: Stands for **S**uper **T**errific **U**npredictable **F**renzy of **F**un and that is exactly what campers have in this activity. The variety of games is endless fun for everyone—from classic fun games to crazy new CRS creations, campers never know what to expect next!

Swimming Lessons: Swimmers, beginner to advanced levels, will learn new skills or improve their strokes at our pool under the instruction of experienced aquatic staff. At the end of the week each swimmer receives a certificate for the level completed.

Vaulting: Vaulting is the art of gymnastics on the back of a moving horse. Combining the love of horses with the fun and excitement of gymnastics, vaulting helps the camper to develop balance, flexibility and confidence. *Vaulting is part of the CRS award program.*

Waterfront: Campers in waterfront enjoy making a splash in the lake, swimming to our floating dock, playing water and beach games, testing out the paddle boards, and going down the water ziplines!

ACTIVITIES OFFERED FOR AGES 10–13 ONLY:

Archery Sports: A cross between Archery, Dodgeball, and Capture the Flag! Learn new shooting skills and test your aim while playing fun archery games! Don't worry mom—it's safe!

Camp Skills: This activity prepares campers for camping out in the woods and teaches basic survival skills. These serious campers learn to build a fire, set up a tent, and more. *Camp Skills is part of the CRS awards program.*

Frisbee Sports: In Frisbee Sports campers will grasp the basics of throwing and catching a Frisbee, playing Frisbee golf on our 9-hole course, Ultimate Frisbee, and other fun Frisbee games!

Horses—Trail Riding: Learn proper riding techniques and horse handling skills while under the supervision of CRS wranglers. Campers ride the numerous trails that crisscross camp property learning to ride at various gates from walk to gallop. They also learn parts of the horse and care and treatment of horses. *Trail Riding is part of the CRS award program.*

Kayaking: Kayaking offers campers the opportunity to learn to control a boat while being coached in various handling techniques, paddling, and kayak rescues. Then they get to explore Lake Ann in their very own boat! *Kayaking is part of the CRS awards program.*

Newspaper: Work with fellow newspaper staffers to create Smoke Signals, the weekly CRS newspaper sent home with each camper on Fridays. Learn the basics of writing articles and interviewing skills while also having a blast!

Sailing: A longstanding favorite at CRS, sailors board our Sunfish sailboats and explore beautiful Lake Ann. Learn the parts of the boat, how to rig and de-rig, tying knots, and the basics of sailing and boat safety. *Sailing is part of the CRS award program.*

ACTIVITIES OFFERED FOR AGES 12 & 13 ONLY:

Scout Summit: (12 & 13-year-old BOYS only) Participate in exclusive adventures and challenges together while deepening your faith through learning the characteristics of great men of God.

Corner Café: (12 & 13-year-old GIRLS only) Grow in your relationship with Christ and enjoy time with other girls. Enjoy who desire to dig deeper into Scripture's truth about who God says we are and how we can live that out.

ADVENTURE TRIP INFORMATION:

- **Adventure Trippers check in at 4:00 p.m.** An email will be sent with important information and an orientation and online waivers prior to your trip. Please be sure to review the material with your tripper and sign all waivers.
- Trippers will camp out in hammocks with rainflies at their camp sites—any camper is welcome to bring his/her own hammock, or they can use one that camp provides. Tents will be provided as back-up.
- **Medications should be turned in to the Trip Leader during Check-In.** Adventure Trippers are not permitted to have any medications in their possession. Medications will only be dispensed from their original containers. Prescription drugs must be in the original container and prescribed to your camper. Non-prescription drugs needed daily will be dispensed only under the signed instructions of a parent or physician. The trip leaders have a stock of commonly needed medications. The Trip Leaders make certain all Adventure Trippers receive medications as directed on the health form.
- During the trip **we will contact you if your camper misses a trip event due to illness, needs to visit the doctor, or receive prescription medication.**
- **Even Adventure Trippers love to get mail! Pack a note in your Adventure Tripper's luggage!** Since the trip leaves camp, we are unable to deliver mail to them. However, you can pack notes in the luggage to give a smile! Any mail received will be delivered Friday morning.
- **Bunk1 Camper Email and Photographs are NOT available to Adventure Trippers due to the nature of their trip.** CRS will send 2 email updates to Adventure Tripper parents during the week.
- **Adventure Trippers do not need money for meals, transportation, or program costs.** Many families do choose to send spending money for the purchase of souvenirs at outposts. A \$60 maximum is suggested.
- **Please remind your camper that the trip is unplugged!** All technology should be left at home.
- Adventure Trippers will participate in the **closing ceremony** and be dismissed from the bus afterward!

TRIP FORMS NEEDED (forms are due May 1st.)

- Confidential Form
- Health History Form
- Behavior Covenant
- Trip Waivers (will be sent by unique online links)

ADVENTURE TRIPS WHAT TO BRING

**Because you will be going on a camping trip and moving frequently, it is important to bring only the basics! Please bring clothes that you don't mind getting dirty and wet.*

- Sleeping bag –warm for camping in the mountains. It should be rolled and tied securely.
- Small pillow (optional)
- Small duffel – approximately 15 x 15 x 24. Everything you bring must be packed in this except your sleeping bag and pillow.
- Two-Three pairs of footwear – Wear a pair of old sneakers. Bring a pair of rafting sandals or other old shoes to wear on the rivers. **They will get wet.**
- 5-6 changes of clothes – include a pair of jeans or sweats for cooler nights and 5 pairs of socks.
 - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
 - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- 2 Bathing suits – Girls, bring modest one-piece suits that are comfortable or a tankini that completely covers your stomach; you'll be wearing it a lot! Also bring a pair of lightweight shorts to wear over your suit while rafting or swimming.
- 2 towels – 1 beach and 1 bath
- 1 wash cloth
- Toiletries: soap, toothbrush, toothpaste, shampoo, deodorant, brush/comb
- Sunscreen
- Flashlight
- Bible and pen or pencil
- Jacket or sweatshirt – it is cool in the mountains at night
- Light weight poncho
- Several small plastic trash bags for separating wet clothes
- Eyeglass wearers should bring a strap to secure glasses while on river
- Spending money on extra snacks or souvenirs. All meals are provided
- Lightweight hammock for campout out (if you have one, if not camp has plenty!)

****Please see What To Leave At Home on page 12 of the handbook**

2025 ADVENTURE TRIP ITINERARY

- **Sunday** – 4:00 p.m. check-in and orientation
- **Monday** – High Ropes Course Adventure, Group Team Building and Outdoor Challenge. Overnight at CRS.
- **Tuesday** – Travel to Blackrock Mountain State Park and enjoy the scenic overlook
- **Wednesday** – Raft the Chattooga River Section III and spend the night on the river!
- **Thursday** – Raft Section IV before enjoying a well-earned dinner out near Black Rock Mountain.
- **Friday** – Head back and enjoy the day at CRS in time to be part of the closing ceremony!

-Any of these items brought to camp will be held in the office to be picked up on Friday-

C.I.A. INFORMATION:

- Admission to the Camp Intern Adventure program is through application only with limited space available. All CIAs of the same gender are in the same cabin, so making cabin requests is unnecessary. CIAs will *not* be placed in the cabin with campers in other programs.
- CIAs will arrive for drive through check in Sunday at 3:00 p.m. The CIAs will jump right in and assist with camper move-in at the units, so please arrive on time!
- As a CIA our campers look up to you. Because of the nature of camp activities and our commitment to set a Godly example for our campers we ask that CIAs agree to abide by our standards of modesty and appropriateness in action, word, and dress.
- Spending the week unplugged helps CIAs grow spiritually and connect with others. Please make sure your CIA leaves ALL electronic devices at home.
- An important part of the CIA program is building relationships. If you gave parental permission, our camp leadership or CIA counselors may contact your child through phone and/or social media before camp as part of the acceptance process and after camp for the purpose of encouragement and accountability. As always, our desire is that camp staff has had a positive impact on your child.

FORMS NEEDED (forms are due May 1st)

- Confidential Form
- Health History Form

SAMPLE SCHEDULE

7:00	Rise and shine & Clean Up
7:40	Flag/Waiter Call
8:10	Breakfast & Worship
8:45	Service Time
10:00-11:00	Bible Study
11:15-12:15	Activity/Hang Time
12:20	Waiter Call
12:30	Lunch
1:15	Follow Assigned cabin for rest time/TAWG
3:15	Activity Time/Pow Wow/Service Project
5:45	Waiter Call
6:00	Supper
6:45	Evening Program
8:30	CIA Program
9:30	Showers
10:00	Lights Out



2025

REFUGE

Camp of the Rising Son

CIA WHAT-TO-BRING LIST:

Life at camp is simple—less is best! Cabin space is limited--campers may pack in a trunk, tub, suitcase, or duffle bag. Luggage should be less than 15" high to fit under the bunks.

- 6 changes of casual clothes, underwear, and socks (Camp can be rough on clothes; please don't send anything you mind getting dirty)
 - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear. Shorts for daily wear should be mid-thigh length.
 - Shirts may not be low cut, show midriff, or gape under the arms. Your shirt should keep you covered in any position—sitting, standing, or doing a wheelbarrow race. All undergarments (including sports bras) must be covered.
- 1 pair long pants or jeans
- 2 swimsuits (Girls must wear a one-piece or a tankini with no skin in the middle area of the body showing, that provide full coverage and bring shorts to wear over swimsuits). We want CIAs to fully participate in all activities by wearing bathing suits that will allow for the full range of motion and functionality. Keep in mind the lake water may stain.
- P.J.s
- Rain gear (poncho or light raincoat)
- Tennis shoes (closed toed shoes are required for campouts and strongly recommended at all times)
- Twin sheets, light blanket, and pillow for cabin
- Sleeping bag for campout
- 3 towels (1 for swimming, 2 for bathing)
- Flip flops or shower shoes
- Soap, toothbrush, toothpaste, shampoo, deodorant, etc.... in container for carrying to bathhouse
- Flashlight
- Laundry bag
- Non-Aerosol Insect Repellent
- Sunscreen
- Stationery and pre-addressed stamped envelopes for writing home
- Bible, Journal, Pen
- Battery operated fan (suggested for cabin).
- Backpack
- Lightweight hammock*

*CIAs may have the opportunity to camp out in individual hammocks. Some will be provided by camp, but if they have their own, it would be helpful to bring!

We will ask those who are inappropriately dressed to change. We appreciate your help, as we strive to create the best possible camp environment where each camper can thrive.

****Please see What to Leave at Home on page 12 of the handbook**

-Any of these items brought to camp will be held in the office to be picked up on Friday-



oliver's labels *All items should be plainly marked with the camper's name in permanent marker or order name labels by logging on to your registration account and click "Camp Extras"*

or going straight to www.oliverslabels.com/CampoftheRisingSon CRS has partnered with Oliver's Labels to offer waterproof, fun labels to be the first line of defense from the lost-and-found.

DAY CAMP INFORMATION:

Day Camp is a great way to get introduced to camp life. The campers stay together as a group experiencing various CRS activities and fun throughout the week to get a taste of camp.

- **Monday check in** at the Riding Arena and Stables (on the right before reaching the Lodge) between 8:00 and 8:30 a.m. Have your camper wear casual clothes and tennis shoes.
 - Turn in any outstanding forms.
 - Communicate with Healthcare staff any special needs of your child while they are in our care.
- **Arrive daily Tuesday – Friday at the Riding Arena and Stables between 8:00 a.m. and 8:15 a.m.** Have your child dressed for his or her first activity. Our counselors will inform you each evening on the next day's activities so your child can come dressed appropriately. *Please notify the camp office if your child will not be attending that day for any reason.*
- **Monday-Thursday pick-up your child** at the Riding Arena and Stables **between 5:00 p.m. and 5:15 p.m.** We ask that you sign-out your child each day.
- Plan to join us **Friday at 2:30 for the Closing Ceremony.** It is a great opportunity to get a glimpse of your child's camp experience.
- Day campers will be served lunch and snack each day.
- There will be a designated place day campers can keep their bags to change into for other activities.
- CRS does not provide transportation to/from camp for day campers.

FORMS NEEDED (forms are due May 1st.)

- Confidential Form
- Health History Form

DAY CAMP SAMPLE SCHEDULE:

8:00-8:15	Drop off/Welcome	2:30	Camp Store
8:45-11:30	Activities* (differ each day)	3:15	Water Activity
11:45	Lunch	4:45	Wrap Up (Verse Review, Songs)
12:30	Bible Study		
1:15	Group Activity	5:00-5:15	Pick Up

DAY CAMPER WHAT-TO-BRING LIST:

Send the following items Monday morning:

- Bag with a change of casual clothes, underwear, and socks (just in case)
- Swimsuit and towel (for water activities)
- Insect repellent
- Sunscreen
- Water bottle labeled with camper's name
- Small backpack or bag to carry items needed between activities
- Bible



2025

REFUGE

Camp of the Rising Son

LETTERS FROM THE UNIT DIRECTORS

Hi Girls!

Chief KG Browning here! I am the Maiden Unit Director for summer '25. I hope you are doing awesome, learning so much in school, and growing in your relationship with the Lord! Summer is getting closer, and the Maiden Unit Chiefs are getting super pumped to see all of here at CRS! Sign up soon so that you don't miss all of the campstew, s'mores, cannonballs, chants, silly songs, and so much glitter at girls night! The Chiefs have been working hard on their belly-flops, campstew recipes, maiden spirit to get ready for you, but most of all they are spending time with God in their Bibles. This summer we are looking at stories that demonstrate what God promises in Psalms 46 which says "God is our refuge and strength, an ever present help in times of trouble." I can't wait for you to learn more about our amazing heavenly Father. I am actively praying for all of you and all of your Chiefs, and I can't wait to see you in the Maiden Unit this summer!

Remember you are so loved, by God and by all of us here at CRS!

Katie Grace Browning

2025 Maiden Unit Director

Greetings Gentlemen!!

This is Chief Brady Peacock, the Scout Unit Director for CRS '25. I hope you are all having a great school year and ready to learn more about God. This summer is rapidly approaching, and the Scout Unit is so ready to have you in the cabins with the rest of the guys! All our chiefs are training hard: cleaning up the cabins, creating new belly flop forms, and studying God's Word! All this to get camp ready for you guys to have the best week ever at camp. So make sure you are signed up for camp this summer as it is going to be an amazing summer to be at CRS. The most important thing they are doing to get ready though is studying their Bible. They're reading through our theme scripture this year, Psalms 46:1, to best prepare to teach you guys how incredible it is that we have God as our refuge! I will be praying for you all, and I hope you will join me in praying for the Lord's guidance of the Chiefs!

I'm so excited to see you this summer at CRS!

Brady Peacock

2025 Scout Unit Director



KEEP IN TOUCH WITH BUNK1!

Be the first to know what's happening this summer at **Camp of the Rising Son**. We offer private photo gallery access, you can also send and receive messages using Bunk Notes & Bunk Replies. No need to wait for snail mail; Bunk1 makes it easy to communicate with your child and receive handwritten responses directly to your Bunk1 account.

GET STARTED TODAY!

- Go to www.Bunk1.com
 - **RETURNING PARENTS** will login using their email address and password from the previous year.
 - **NEW PARENTS** will click "New here? Get Started" button and complete the basic form.
 - The Invitation Code for **Camp of the Rising Son** is: **RISINGSON25**
- You will be prompted to select a bundle for access to your Parent Portal. Bundles include credits for you to send Bunk Notes and enhance your notes with borders, photos, sports scores, and puzzles.

PHOTO GALLERY WITH PHOTO TAGGING

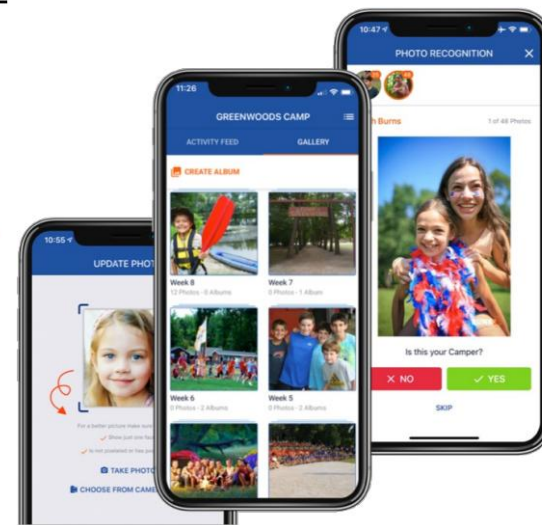
Save Favorite Photos for easy access to pictures of your camper all year-round. Select the heart icon to favorite.

Upload a profile photo of your camper to enable Photo Tagging. Our photo tagging software will scan all the uploaded photos and notify you when we detect photos of your camper.

Share Photos to social media or email a photo to family.

Customize Unique Photo Gifts such as photo books, mugs, calendars, phone cases and more.

Order high resolution digital downloads or prints.

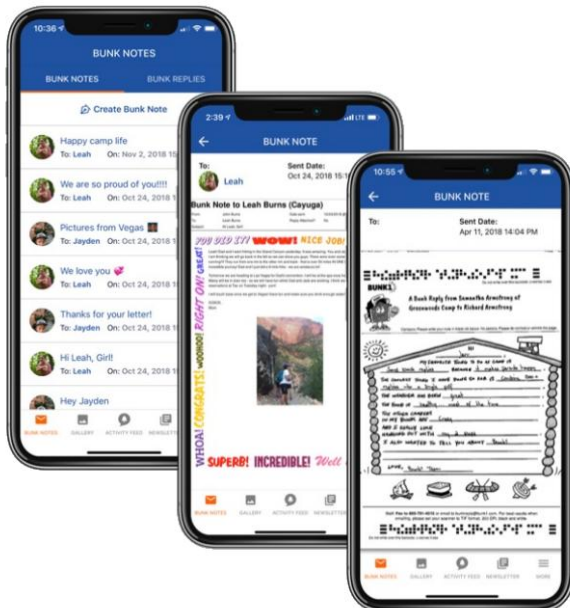


SEND BUNK NOTES & RECEIVE BUNK REPLIES

Send Bunk Notes day or night. Your camp receives a pdf at **8:30 am EST** each day containing all Bunk Notes received in the last 24 hours.

Bunk Replies- Receive a handwritten note from your camper in your Bunk1 account on our unique stationary.

1. Unlimited Stationary can be purchased in a bundle OR under the Bunk Replies tab.
2. Print the stationary (Bunk Replies tab) and send your preferred amount with your camper to camp OR attach an individual piece to be delivered with your Bunk Note (0 credits if Unlimited).
3. Make sure your camper knows to write on the barcoded stationary and hand it in to a camp staff member.
4. Camp staff will collect Bunk Replies and send them to Bunk1. Bunk1 will then scan the barcode & send the reply to your account under the Bunk Replies tab.



The Bunk1 team is available to support you 7 days a week during peak season. They guarantee a response within 24 hours and it's usually much quicker than that. Please call Bunk1 at **212-974-9112** or email support@bunk1.com. For FAQ's related to the services above, visit www.bunk1family.com/faqs.

Camp of the Rising Son Family Camp

Creating Traditions in Nature



September

5-8

Labor Day
Weekend

Embark on a journey to create family traditions while surrounded by natural beauty at our Family Camp. We offer a mix of adventure, relaxation and quality time for every member of the family. Visit our website for more information.

register now

www.campoftherisingson.com

CAMP OF THE RISING SON
at
FRENCH CAMP ACADEMY



**MAKE PLANS FOR NEXT YEAR:
REGISTRATION FOR SUMMER 2026
OPENS ON OCTOBER 1, 2025!**

