



## 2021 Parent Handbook

### FILL OUT FORMS

Forms and payments are due May 1st

### CHECK OUT OUR NEW INFORMATION

See updates on health screening, pick up and drop off, and how to sign up for text alerts!

### START PACKING

See your program's "What to Bring" list

### GET EXCITED!

We can't wait to see you for summer 2021

#CRS2021

POWER 

# WELCOME TO CRS!

## LETTER TO PARENTS

Dear Parents,

Thank you for choosing Camp of the Rising Son to be part of your camper's summer. We are so excited to get to know him or her and have an incredible week building friendships, working together, having fun in activities, and learning together about Jesus.

We are thrilled to announce Power as our summer 2021 camp theme! We cannot wait to talk with your camper about the power of Christ through our prayer. If your child wants to get a head start, he or she can start learning our 2021 theme passage Matthew 6:9-13 "This, then is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation but deliver us from evil.'" Also known as the Lord's prayer!

It is a huge privilege that you have entrusted your camper to us this summer. This has been a year full of challenges and opportunities, and we are truly grateful for the opportunity to spend this week with him or her. Our hope is that this handbook answers all of your camp questions—there is even more information on the FAQ sections of our website! If you have any additional questions, please contact our office at 662-547-6169 or email us at [info@campoftherisingson.com](mailto:info@campoftherisingson.com). We look forward to seeing you soon for an absolutely incredible summer!

In His Service,  
The CRS Team



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## 2021 DATES

June 6-11:	Teen Week, Boys Adventure Trip 1
June 13-18:	Overnight Week 2, Girls Adventure Trip 1
June 20-25:	Overnight Week 3, Boys Adventure Trip 2
June 27-July 2:	Overnight Week 4, Girls Adventure Trip 2
July 4-9:	Overnight Week 5
July 11-16:	Overnight Week 6
July 19-24:	Horse Camp *begins on Monday

# ACCOUNT INFORMATION

- All families, no matter how you registered, can access their personal online account through the website <https://campoftherisingson.campbrainregistration.com>. There you can login to check your balance, add campers or weeks, complete forms, purchase labels, or make a payment!
- All remaining balances and forms are **due by May 1<sup>st</sup>**.
- We will be communicating important updates by email – be sure to add [info@campoftherisingson.com](mailto:info@campoftherisingson.com) to your address list so you don't miss anything!

## ARRIVING AT CAMP (FOR TEEN WEEK, OVERNIGHT, AND ADVENTURE TRIPS)

We are located on the French Camp Academy campus at 444 Lake Road, French Camp, MS.

- Turn onto French Camp Academy Campus off MS Hwy 413 by the giant sign.
- Keep going straight through the campus until you reach camp!
- Follow signs and greeters to the check in tents.
- Drive through check-in is from 3:00-5:00. **Please arrive during your time slot to minimize wait times.**

## CHECK IN TIMES AND LOCATIONS:

- **Teen/Overnight Camp/Adventure Trips:** 3:00-5:00 p.m. You will be greeted and directed through the check-in stations by camp staff.
- **Horse camp:** **Monday July 19<sup>th</sup>** at 10:30-11:00 a.m. at the Hall Lodge Drive Through

## UPON ARRIVING:

- We can't wait to welcome you and your camper to a full week of fun and excitement! This year we will be implementing a drive through check-in—think of it as a drop-off parade! To reduce the risk of spreading infection, we're encouraging you to limit the number of people coming to drop-off your camper and for everyone but the camper to stay in the car. Here are a few things that would help this change run as smooth as possible.
  - Please arrive during your assigned timeslot. This will help us minimize wait times. This will be emailed to you during the week prior to your session.
  - **Have all your forms submitted BEFORE you get to camp.**
  - Have medications and screening form out of luggage and ready to give to our nurse at check-in.
- From your car you will be directed to drive through a series of tents where you will:
  - See the Registrar tent if you need to update information or settle accounts. Also, make sure we know who is picking up your camper!
  - Visit the Healthcare Supervisor tent to drop off any medications and complete the health check as well as a Covid-19 screening. Be sure to let them know any updates to your child's health history.
  - Pick up any preorders of our super cool camp merchandise at the camp store tent.
  - Finally stop at the Unit Director in the scout/maiden unit to receive your campers cabin assignment!

- You and your camper will be greeted by your child's Chief who will then escort your child and help him or her get settled into a bunk. The cabins will be cleaned and sanitized for the week, so only campers may go in the cabin. Though we know this will be difficult, we are asking parents to remain in their cars during this process.

## **TIPS FOR A TERRIFIC CHECK IN:**

- Get excited about arriving at camp—even decorate your car to make a grand entrance!
- **Please do not arrive early!** We are not able to accommodate early drop offs.
- Make sure you get a restroom break in before getting in line—there is limited restroom access while waiting.
- Be patient—the line will take longer because of our updated health screening procedures.
- Please do not bring pets with you for drop off or pick up of campers.
- Communicate with your camper about the new drive through drop-off. Camps that ran last year report this process has actually helped to reduce homesickness during the week!
- **Tell them much fun they will have at camp!**

## **LATE ARRIVALS:**

If circumstances cause you to arrive after the designated time, please call the camp office (662-547-6169) so we can plan accordingly! Any registered campers who have not arrived by the end of the designated check in time without prior notice will be contacted by the camp office.

## **GET EXCITED!!!:**

Is your camper more than thrilled about coming to camp?! Let us know by using the #CRS2021power on posts that show your camper packing or otherwise getting ready for his or her week at CRS! We can't wait to see our campers' smiles!

# **DEPARTING CAMP**

## **UPON DEPARTURE:**

- As with Check-In, we will do a drive through Pick-Up on Friday afternoon. Families will be assigned a time between 3:00 p.m. and 5:00 p.m. to arrive so that we will be able to minimize waiting. We ask that families remain in their vehicle through the process. Your assigned time will be sent by email during your child's week of camp.
- Camper leftover medications will be available for pick up at the health tent on your way to the cabins.
- At the unit, you will sign out your camper with their counselor by showing your ID to verify you are on the authorized pickup list. A chief will direct your camper to your car and help them with their luggage.



- **Your written permission is required for CRS to release your child to anyone other than their parent or guardian.** You can let us know in advance by updating this household information on your online account at least 24 hours prior to pick up, or you can notify the registrar during check-in if this is your plan. Email [info@campoftherisingson.com](mailto:info@campoftherisingson.com) to contact our registrar.
- On the way out check the lost and found tent to grab anything your camper left around. Also make a quick stop at the camp store kiosk to grab some fun gear!
- Enjoy the car ride home hearing all about your camper's amazing week!
  - Campers will have been given character awards as well as a camp photo in their cabin. Make sure to ask them about it!
- **We ask that no child leave until Friday afternoon.** This is to ensure your child and all the campers receive the maximum benefit of their time at camp. For any early departures absolutely necessary please contact the camp office to make arrangements prior to the camp session. If a camper needs to leave during a session, he/she will be unable to return to camp for the remainder of that session.
- We will not be hosting a Closing Ceremony, but you will still be able to enjoy the video of the week. The link will be sent to you for you to view with your camper at home. Oh, the stories they will tell!

## HEALTH MATTERS

Thank you for entrusting our child to our care this summer. The safety and well-being of our campers is of utmost importance to us. With the presence of Covid-19, it is even more important for parents to partner with us to ensure a safe, healthy week for each child. Our healthcare staff are available 24 hours a day should a camper need care due to injury or illness. Please help us take the best possible care of your child by reviewing the following instructions:

- **NOTE: ALL Overnight, Teen Camp, Adventure Trip, and Horse campers must complete a health screening form for the week prior to arrival at camp.** This **pre-camp health screening questionnaire** will be sent out two weeks before your camper's session. This will include taking your campers temperature for 7 days prior to camp and completing screening questions. This form is not available to be completed online but must be a hard copy brought with you to check-in. You can find the health screening form on the "Camp Forms" section of our website.
- **Please return completed Health History Form by May 1<sup>st</sup>.** The Health History form is available on your online account or on our website under "Camp Forms." It should be completed by the parent. It is important that we have current information on your child's health to offer the best care possible. If your child received any new immunizations, please attach an updated immunization list.
- If any information changes after submitting your child's Health History form please inform the Health Supervisor during check-in.
- If your camper has special dietary needs, please notify the office at least 2 weeks in advance.

- **Please keep sick campers at home** to not expose our other campers. A child must be free of fever, lice, or any signs of contagious disease for at least 24 hours before arriving at camp. If your child gets sick immediately prior to his scheduled camp week please call the office to make arrangements for late arrival or a change of weeks.
- Please Keep Your Child Home if...
  - Your child has been exposed to anyone testing positive for COVID-19 in the 10 days before your week of camp or anyone who is waiting on a test result.
  - If your child has experienced any COVID symptoms within the past week or are waiting on their own test result.
  - If your child has tested positive and has not finished their quarantine.

We are taking measures to best limit the spread of COVID-19, and we greatly appreciate you taking these additional precautions to help us keep our campers and staff safe.

- **Medications should be turned in to the Health Supervisor during Check-In.** Campers are not permitted to have any medications in the cabin.
- Medications will only be dispensed from their **original containers**. Prescription drugs must be in the original container and prescribed to your camper. Non-prescription drugs will be dispensed only under the signed instructions of a parent or physician. The camp infirmary keeps a stock of commonly needed medications, so bringing non-prescription drugs is unnecessary. The Health Supervisor makes certain all campers receive medications as directed on the health form. *Please note: pillboxes or pills in Ziplock bags are cannot be accepted.*
- The only medications allowed outside the camp infirmary are rescue inhalers, diabetic supplies, and epi-pens for campers who are accustomed to being responsible for these. Please check-in with the health supervisor if your camper carries one of these.
- **A Health Check and COVID-10 screening** including a temperature and head lice check will be provided for each camper during check in.
  - Should a camper present a fever of 100.0 or higher on the initial check, their car will be asked to visit a secondary screening area. Confirmed presence of a fever of 100.0 or higher will necessitate cancellation or rescheduling of a camper's visit to later in the summer.
  - Campers will be asked about any possible recent COVID-19 exposure and symptoms.
- Any camper found with lice must be taken home for treatment. The camper may return to camp when lice free and will be re-checked upon arrival. Please check your child's head for lice before coming to camp.
- During camp **we will contact you if your camper requires more than 24 hours of rest in the infirmary, needs to visit the doctor, or receive prescription medication**. We will contact the family of any camper displaying COVID-19 symptoms as well as well as any camper potentially exposed.
- Campers whose medical needs are beyond what our Healthcare staff can accommodate will be taken to the Trace Urgent Care or to Baptist Medical Center Attala in Kosciusko, MS.

# COVID-19 PROTOCOLS

These plans are subject to change as we get closer to summer, depending on how the situation with COVID 19 evolves and future regulations. While we are taking many steps to mitigate the potential of COVID-19 at camp, we are not able to guarantee that campers will avoid contracting any communicable disease.

## SAFETY PROTOCOLS:

- Regular and methodical sanitization and cleaning processes will be conducted daily as well as a daily cabin health screening.
- CRS has the ability to test any camper exhibiting symptoms of COVID-19, perform contact tracing, and offers comfortable infirmary facilities to quarantine while waiting for parent pick up.
- Handwashing and sanitizing stations will be available around camp and in each building to help keep those hands clean!
- We will train our staff on how to properly sanitize, wash hands, and how to monitor campers to prevent behaviors that spread illness. For our campers we'll emphasize sneezing and coughing into their elbow, avoiding unnecessary physical contact, and not sharing personal items.

**To limit cross exposure of campers and staff, we are implementing a cohort model for camp. Campers will travel to activities and other camp programs with their color group.**

## IN THE EVENT OF A SUSPECTED OR CONFIRMED CASE OF COVID-19 AT CAMP:

If a camper develops symptoms of COVID-19, he or she will be taken for evaluation by healthcare staff and quarantined from others.

- If a diagnosis of COVID-19 is determined for a camper, we will call the parents and ask them (or someone they arrange) to pick up the camper *within 8 hours*.

If a camper or staff tests positive for COVID-19, we will notify all parents or guardians of campers present at camp during that session.

- Campers in the cabin and color team of a positive camper will be evaluated by the healthcare staff.
- The parents or guardians of a child in the same cabin or color team of a positive case may decide to either pick up their child from camp or leave the child in camp and trust the camp to take appropriate safeguards.
- Because we are operating using a cohort strategy, we anticipate the non-symptomatic campers in that cabin and color team to be able to continue with a fun week of camp not mixing with other color teams.

If your camper needs to depart camp early due to COVID-19, a prorated rate of tuition will be refunded.



## TESTING AND FACE COVERINGS

Decisions on testing and face coverings will be made once we are able to assess the current situation as well as know current guidelines and regulations. If face coverings remain necessary, we have designed our weekly schedule to require them as little as possible and campers will receive a cool buff-style face covering they can easily pull up over their nose and mouth whenever necessary. We will continue to communicate through email and on our website as guidelines for the summer become clear.

## AFTER CAMP

We advise that campers returning from an overnight camp should minimize in-person contact with any person 65 years of age or older, especially those with pre-existing health conditions, for a period of 10 days.

If your camper develops symptoms or tests positive for COVID-19 within 10 days of arriving home from camp, please call the camp office to notify us.



# STAYING IN TOUCH

- If you need to reach the camp office call 662-547-6169 or email [info@campoftherisingson.com](mailto:info@campoftherisingson.com)  
We have staff available 7:30 a.m. to 6:00 p.m. except mealtimes and weekends.
- During your camper's session, for an afterhours emergency contact 662-516-5311 to reach our leadership team member on call. *Please note registration questions cannot be handled through this line.*
- **Campers love to get mail!** Send cards and letters and encourage family and friends to do the same! Address it to your camper's full name and include your camper's cabin (if known) on the envelope.

**Send Mail to:** "Your Child's Name"  
Camp of the Rising Son  
444 Lake Road  
French Camp, MS 39745

- We encourage you to send a letter before coming to camp so that your camper will receive mail early in the week. (In this case we will be sure it gets to the right cabin). *You may drop off letters at check in for us to give to your camper throughout the week.* We have a box in the drive through just for these!
- **CRS is package Free!** Camp is a gift in itself and packages are an unnecessary distraction. All envelopes containing items other than a letter are considered packages and will be held in the camp office for you to pick up on Friday. The only exceptions are forgotten necessary items or if your camper has a birthday during the week. Do not send candy, gum, or other food items...this invites insects into the cabins. Please notify anyone necessary of the no-package policy!
- **Create a BUNK1 account to stay connected with camp throughout the week!**
  - Step 1: Go to [www.Bunk1.com](http://www.Bunk1.com) (or download the app!)
  - Step 2: Create an account and link to CRS through the invitation code  
RISINGSON21
  - ***When creating your account, please enter a cell phone number and enable SMS notifications. We will use this communication during your camper's session to contact you about any important updates or emergencies that may arise.***
    - Step 3: Select a bundle to send emails or choose Photo Gallery access only for free.
  - **View the photo gallery!** Our photo gallery is updated throughout the week with photos to allow parents a sneak peek into camp life. While we take as many photos as possible, we may not have a picture of your child every day. Viewing the photos is free through your Bunk1 account!
  - All photos online are available for purchase as prints, digital downloads, and gift items. You can also share your favorites by email or social media! *See the Bunk1 info sheet at the end of the packet for details.*

- **Camper Email!** Though not as good as an actual letter, CRS offers BunkNotes, a for-fee service that allows you to email your child and even receive a handwritten reply in your inbox. BunkNotes requires an account with Bunk 1. *See the information sheet at the end of the packet for details.*
- **Please reserve telephone calls for business purposes and emergencies.** The camp experience is “unplugged,” so campers do not have access to a phone. Your questions are always welcome by our camp office. One of our staff will contact you if we have concerns about your child.
- Due to the busy camp schedule and for the safety of all campers, parent or family member visitation is not allowed during camp sessions. Please call the office should any concerns arise.
- **Leave cell phones at home.** Camp is a place where we “unplug” from the digital world in order to enjoy face to face relationship and fun. In a situation where a phone is needed for the trip to and from camp, please turn it in to the office. It can be picked up from the counselor on the final day of camp.
- **Birthdays at Camp!** We love celebrating birthdays at CRS! Chiefs sing a special Happy Birthday song and the birthday camper’s cabin is treated to cake! A camper’s birthday is an exception to the no-package policy; however, any food or candy will be discarded. The standard no phone call policy is still followed.
- Keep in touch with CRS throughout the week and all year long through the Camp of the Rising Son Facebook page or follow us @CRS\_talk on Twitter or Instagram! Look out for #crs2021power.

CREATION  RELATIONSHIPS  FUN

# GENERAL INFORMATION

- **Campers do not need money at camp.** Camp tuition includes all expenses for activities, a daily snack Monday-Friday from the Camp Store, a camp T-shirt, and a camp picture. Families can purchase CRS merchandise online through our camp store and have it shipped to their house or even preorders to be picked up during camper drop-off.
- **Cabin assignments are given out at check-in.** Your camper may request to be housed in the same cabin as a specific friend. CRS guarantees to honor one mutually requested cabinmate within one grade of each other. Meeting and making new friends are a real benefits of camp! (Larger group requests will be divided up by camp staff). Each cabin has two counselors and 8-12 campers.
- **Lost and Found.** We want each camper to go home with every item brought to camp! While we do our best to get items back to your child, sometimes they do not even recognize their own things! At pick-up each Friday we display the lost and found collected. *Please stop by to check for your child's items before leaving.* Clearly mark your camper's items—we offer kid proof name labels from Oliver's Labels access the link through your online account summary under "Camp Extras." Items left behind will be held for one month, after which they will be donated.
- **Weekly Themes.** A delightful CRS tradition is to feature an exciting fun-filled theme each week! We will have PLENTY of costumes and props, but feel free to send your camper with items fitting the theme if you choose!
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<p><b>Week 1—TEEN WEEK</b> <b>OLYMPICS</b></p> <p>Let the games begin! With a camp full of teens, the camp will be broken into teams and will compete for the Gold!</p>	<p><b>Week 2</b> <b>Hoodwinked</b></p> <p>Little Red Riding Hood, the boy who cried wolf, and the 3 little pigs take on the Big Bad Wolf.</p>	<p><b>Week 3</b> <b>Cowboys VS. ALIENS</b></p> <p>Cowboys race against the Aliens to find a mysterious Beast. Sides will be taken and to the victor goes the spoils.</p>
<p><b>Week 4</b> <b>Jumanji</b></p> <p>The whole camp gets stuck playing the game of Jumanji and cannot escape until the game is over!</p>	<p><b>Week 5</b> <b>Back to the Future</b></p> <p>It's the 4<sup>th</sup> of July and Evil Scientists steal the fireworks. Dr. Brown and Marty McFly take the camp through time to get them back!</p>	<p><b>Week 6</b> <b>Into the TV</b></p> <p>The movies have come alive! Characters are jumping out of the TV and need help getting back.</p>

- **Camp rules** are established to help all campers safely enjoy their week of camp. Campers must willingly agree to abide by the rules as explained in camp and activity orientations. Parents will be contacted if there is a continuous problem of behavior that threatens safety or detracts from the wholesome environment Camp of the Rising Son desires to provide. A camper who is determined by the Camp Director to have committed a major violation or continue behavior that is detrimental to the camp community will be dismissed from camp.

## WHAT TO LEAVE AT HOME

*We desire to create the best and safest camp environment possible. The following items are not allowed because they take away from the camp experience or pose a safety risk.*

- ☐ Anything of great or sentimental value (e.g., valuables, expensive sunglasses, jewelry, digital camera, money...)
- ☐ Any electronic device other than a simple watch. We do not allow cell phones, digital cameras, IPODs, MP3 players, radios, walkie talkies, handheld games, DVD players, e-readers, any device with video capability, etc... (A disposable camera is ok.) Charging of any type of device is not available. *Camp is a place to be unplugged, make friends, and experience new things!*
- ☐ Food, candy, or gum (*these invite insects into our cabins*)
- ☐ Fireworks, firearms, weapons
- ☐ Magazines or inappropriate reading material (including horror or any sexual content)
- ☐ Make-up, hair dryers, curling irons (*in the spirit of camping there is not time for these*)
- ☐ Electric fans (*small battery powered fans are acceptable*)
- ☐ Pets or animals
- ☐ Two piece or tankini swimsuits
- ☐ Personal sports equipment
- ☐ Alcohol, drugs, tobacco products, vapes, and explicit material

**-Any of these items brought to camp will be held in the camp office to be picked up on Friday-**

Campers are responsible for their own belongings. Our staff do all they can to help your camper keep up with his or her items, but CRS cannot assume responsibility for a camper's belongings. If a camper would be devastated by losing an item, then we suggest to not pack it.

## AFTER CAMP

- After your child's session, we will have a parent survey available for you to evaluate your child's experience with us. Please let us know about your child's experience as we strive to continually improve!

- Your camper will receive a letter from his or her counselor during the school year. We work hard to recruit and train excellent, trustworthy staff and we encourage them to develop wholesome, healthy relationships with their campers. Our desire is that our staff has had a positive impact on your child. With the abundance of ways to communicate available today, we want you to be an informed decision maker regarding contact and communication between our staff and your campers outside of the camp setting. We expect behavior that is above reproach from our staff. Our policy is that all communication with a camper must be open and accessible to the parent. Please notify us immediately if you suspect any inappropriate behavior by one of our staff members.

## TIPS FOR YOUR CHILD'S SUCCESS:

Homesickness is a normal part of adjusting to camp life for some campers. It is typically a slight anxious feeling brought on by adjusting to a new environment. With our 1:6 counselor to camper ration, intensive staff training, and active schedule, homesickness is usually kept at bay. If it does occur, our Chiefs are prepared and willing to support any camper dealing with homesickness. Our goal is for each camper to have a successful week--we know that growth and self-confidence come through taking risks and overcoming challenges. With a little preparation from you, together we can help your child have a wonderful week!

- Communicate confidently to your camper that they will have a great week. Talk about all the things your child has to look forward to and keep up their excitement about camp.
- Look over the activity list and help your camper get excited about the fun they will experience during camp!
- Encourage them to make new friends and try new things.
- *Do not* tell your camper that they can come or call home if they do not like camp. This contributes to homesickness and hampers the camper's ability to adjust to camp life. Our staff will contact the parents of a camper experiencing above average levels of homesickness.
- If your child is not used to being away from you, give them some practice overnight stays with grandparents, family, or friends.
- Don't overschedule your child's summer. If he or she is attending other overnight camps, schedule a time of rest at home before coming to CRS.
- On Check-in Day drive to the unit, let him/her know it will be a terrific week and you can't wait to hear stories of camp adventures on Friday, and keep the goodbye short and sweet. This helps prevent homesickness and encourages your child to bond with his chiefs and cabinmates.
- Let your camper know he or she can go to their counselor or unit director with any problems or questions.
- Avoid sending letters that tell a camper what is being missed at home; instead, focus on the fun things they are experiencing at camp and encourage them that it is ok to have fun away from you.
- If you receive a letter from your camper about missing home, do not panic. Remind yourself that your child is surrounded by chiefs making every effort to help them have fun and feel safe. Feel free to email or call the camp office to check on your child.



# OVERNIGHT CAMP INFO:

## FORMS TO COMPLETE (forms are due May 1<sup>st</sup>.)

- Confidential Form
- Health History Form
- Health Screening Form - Bring this form to check-in.

## DAILY SCHEDULE

7:00	Rise and shine—cabin clean-up
7:40	Flag Raising and Worship
8:10	Breakfast
8:45-12:15	Activity Time!
12:30	Lunch
1:10	Bible Study, Camp Store, Rest Time
3:15-5:30	More Activities!
5:50	Flag Lowering and Waiter Call
6:00	Supper
6:45-8:30	Evening Program—differs each night
8:30	Showers and Devotions
9:30	Taps—Lights Out!

## OVERNIGHT WHAT TO BRING

Life at camp is simple—less is best! Please keep in mind that your camper will be responsible for managing all belongings while at camp! Cabin space is limited--campers may pack in a trunk, tub, suitcase, or duffle bag. Luggage should be less than 15" high to fit under the bunks.

### **Clothing:**

- ☐ 7 changes of casual clothes, underwear, and socks (Camp can be rough on clothes; please don't send anything you mind getting dirty)
  - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
  - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- ☐ 1 pair long pants or jeans (this is for in horse activities or hikes/adventures in the woods)
- ☐ 2 swimsuits (Girls must wear a modest, one-piece bathing suit. Keep in mind the lake water may stain.)
- ☐ P.J.s
- ☐ Rain gear (poncho or light raincoat)
- ☐ Closed toed or tennis shoes. (Heeled boots are required for horses\*)
- ☐ Water shoes (or Chaco/Keen type sandals) for walking across levy to water zip line!
- ☐ Costume related to theme of the week (optional)
- ☐ A long sleeve shirt or sweatshirt if the weather forecast predicts cool evenings/mornings
- ☐ Each camper will receive a cool buff-style face covering they can easily pull up over their nose and mouth when necessary. If you would like to send additional face coverings for your child you are welcome to.

**Linens:**

- ☐ Twin sheets, light blanket, and pillow for cabin
- ☐ 3 towels (1 for swimming, 2 for bathing)

**Toiletries:**

- ☐ Flip flops or shower shoes
- ☐ Soap, toothbrush, toothpaste, shampoo, deodorant, etc... in container for carrying to bathhouse
- ☐ Non-aerosol insect repellent
- ☐ Spray Sunscreen

**Miscellaneous:**

- ☐ Bible
- ☐ Flashlight or headlamp (don't forget the batteries!)
- ☐ Laundry bag
- ☐ Pen/Pencil
- ☐ Stationery and pre-addressed stamped envelopes for writing home
- ☐ Book or other quiet activity for rest time
- ☐ Battery operated fan (suggested for cabin).
- ☐ Small backpack or bag for carrying change of clothes for between activities.
- ☐ Water bottle
- ☐ \*\*Eno/Hammock (Optional 12-13 YEAR OLDS ONLY)

\*Heeled boots are required for horse trail and arena activities. However, please do not purchase boots only for camp—we have “loaner” pairs.

\*\* Older campers may have the opportunity to campout in individual hammocks. Camp will provide some, but if they have their own, it would be helpful to bring!

**oliver's labels**

*All items should be plainly marked with the camper's name in permanent marker or order name labels by logging on to your registration account and click “Camp Extras” or going straight to [www.oliverslabels.com/CampoftheRisingSon](http://www.oliverslabels.com/CampoftheRisingSon) CRS has partnered with Oliver's Labels to offer waterproof, fun labels to be the first line of defense from the lost-and-found!*

**\*\*Please see What to Leave at Home on page 10 of the handbook**

**-Any of these items brought to camp will be held in the camp office to be picked up on Friday-**

# OVERNIGHT CAMP ACTIVITIES

Activities at Camp of the Rising Son are the most looked forward to part of each day! As part of our effort to keep campers safe, we're changing up the way activities happen this summer. Because we are working to keep groups more separated this year, campers will participate in activities together with those in their color team rather than choosing their own schedule. This change will allow campers to experience more activities than ever!

All of our campers will have the opportunity to be at the lake, go to the horse arena, climb the rock wall, play crazy games, and so much more! There will also be opportunities for color teams to choose as a group what they like best from several exciting options. Campers will have a fun week enjoying the activities they love and discovering new favorites.

**NEW FOR SUMMER 2021!** We are excited to announce that we will have **slip-and-slide kick ball** as well as **human bubble ball games** for summer 2021! These lively new activities will be a great addition to the week for campers to enjoy with their color teams!

## ACTIVITIES:

### ARTS AND CRAFTS:

**Art:** This activity is a great opportunity for campers to express themselves creatively. Campers will be exposed to several types of mediums and create various works.

**Leather & Crafts:** Campers have the opportunity to create a variety of unique crafts using leather, hammers, stamps, and dye as well as fun other creative projects. These creations will be treasured for years to come!

**Pottery:** Campers get to make various clay creations from learning to hand shape a "pinch pot", to jewelry, and most anything they can dream up. Their pieces are fired in our kiln and then painted by the artists themselves.

### OUTDOOR FUN!

**Mixed Sports:** Campers will have the opportunity to play various team sports from soccer to flag football and pillo polo! We'll concentrate on learning how to work together, new skills, and have fun!

**Nature:** Enjoy exploring the CRS property while learning to identify the area plant and wild life. Hunt for leaves, insects, and animal tracks or hike to our sulfur spring.

**Archery:** Campers are taught by a trained archery instructor safe bow handling and shooting techniques. Learning safety rules, parts of the bow and arrow, and shooting for points make this activity a lot of fun.

**Archery Sports (10-13 year olds):** A cross between Archery, Dodgeball, and Capture the Flag! Learn new shooting skills and test your aim while playing various archery games with foam tipped arrows.

**Ropes Tower:** This exciting activity features our 30-foot climbing tower and the chance to zip over Lake Ann! From beginner to experienced everyone can find a challenge here!

**Low Ropes Challenge Course:** Campers also learn team work techniques while having a blast in group games and traversing low ropes elements such as the Nitro Swing, Mohawk Walk, and Lily Pads!

**STUFF:** Stands for **S**uper **T**errific **U**npredictable **F**renzy of **F**un and that is exactly what campers have in this activity. The variety of games is endless fun for everyone—from classic fun games to crazy new CRS creations, campers never know what to expect next! **This will include our new and exciting slip-and-slide kickball as well as human bubble ball games!**

## **HORSES:**

**Vaulting:** Vaulting is the art of gymnastics on the back of a moving horse. Combining the love of horses with the fun and excitement of gymnastics, vaulting helps the camper to develop balance, flexibility and confidence.

**Horses—Arena Rides:** Younger campers receive basic lessons in riding, grooming, care, and safety in our covered arena. Learn to lead, bridle, saddle, as well as playing games. Our mini horse is a favorite part of Arena Rides!

**Horses—Trail Riding:** Our older campers learn proper riding techniques and horse handling skills while under the supervision of CRS wranglers. Campers ride the numerous trails that crisscross the camp property learning to ride at various gates from walk to gallop. They also learn parts of the horse and care and treatment of horses.

## **WATER / BOATING:**

**Canoeing:** Enjoy learning to control a canoe, various paddle strokes, and the basics of water rescue out on picturesque Lake Ann.

**Free Swim:** In Free Swim, campers get to cool off in the water down at our pool, make a big splash on our water slide, and play games or just chill with friends.

**Swimming Lessons:** Swimmers, beginner to advanced levels, will learn new skills or improve their strokes at our pool under the instruction of our experienced aquatic staff. At the end of the week each swimmer receives a certificate for the level completed.

**Waterfront:** Campers in waterfront enjoy making a splash in the lake, swimming to our floating dock, playing water and beach games, testing out the paddle boards, and more!

**Kayaking (10-13 year olds):** Kayaking offers campers the opportunity to learn to control a boat while being coached in various handling techniques, paddling, and kayak rescues.

**Sailing (10-13 year olds):** A longstanding favorite at CRS, sailors board our Sunfish sailboats and explore beautiful Lake Ann. Learn the parts of the boat, how to rig and de-rig, tying knots, and the basics of sailing and boat safety.

# ADVENTURE TRIP INFORMATION:

- **Adventure Trippers check in at assigned time.** An email will be sent with important information and an orientation video link the week prior to your trip. Please be sure to watch it with your tripper.

## **Additional COVID-19 Precautions for Adventure Trips:**

- It is crucial for all trip participants to complete the 7-day quarantine prior to arrival.
- **Since our adventure trips leave camp and travel through multiple states, CRS will provide a rapid test at check-in for all trip participants.** This process will take approximately 20 minutes and we will have the tripper remain in their car at the health check station until cleared. CRS is committed to following the guidelines and restrictions of each state through which we travel.
- Trippers will camp out in hammocks with rainflies at their camp sites—any camper is welcome to bring his/her own hammock or they can use one that camp provides
- Trippers will receive a daily health screening
- If a member of the trip group tests positive, the group would be considered exposed and be required to return to camp. All campers in the group would be evaluated and parents would be notified.
- Parents of a non-symptomatic participant may decide to either pick up their child from camp or allow the child remain at camp for the remainder of the week with specialized activities planned for the group.
- If your camper needs to depart camp early due to COVID-19, a prorated rate of tuition will be refunded.
- **Medications should be turned in to the Trip Leader during Check-In.** Adventure Trippers are not permitted to have any medications in their possession. Medications will only be dispensed from their original containers. Prescription drugs must be in the original container and prescribed to your camper. Non-prescription drugs needed daily will be dispensed only under the signed instructions of a parent or physician. The trip leaders have a stock of commonly needed medications, so bringing non-prescription drugs is unnecessary. The Trip Leaders make certain all Adventure Trippers receive medications as directed on the health form.
- During the trip **we will contact you if your camper misses a trip event due to illness, needs to visit the doctor, or receive prescription medication.**
- **Even Adventure Trippers love to get mail! Pack a note in your Adventure Tripper's luggage!** Since the trip leaves camp, we are unable to deliver mail to them. However, you can pack notes in the luggage to give a smile! Any mail received will be delivered Friday morning.
- **Camper Email is not available to Adventure Trippers due to the nature of their trip.** CRS will send email updates to Adventure Tripper parents 2-3 times during the week.
- **Adventure Trippers do not need money for meals, transportation, or program costs.** Many families do choose to send spending money for the purchase of souvenirs. A \$60 maximum is suggested.

## **TRIP FORMS NEEDED** (forms are due May 1<sup>st</sup>.)

- |                       |                         |                     |
|-----------------------|-------------------------|---------------------|
| ▪ Confidential Form   | ▪ Health Screening Form | ▪ 2 Rafting Waivers |
| ▪ Health History Form | - Bring this form to    | ▪ Caving Waiver     |
| ▪ Behavior Covenant   | check-in.               | ▪ Zipline Waiver    |

## ADVENTURE TRIPS WHAT TO BRING

*\*Because you will be going on a camping trip and moving frequently, it is important to bring only the basics! Please bring clothes that you don't mind getting dirty and wet.*

- ☐ Sleeping bag –warm for camping in the mountains. It should be rolled and tied securely.
- ☐ Camp mat (optional) should be easily packable.
- ☐ Small pillow (optional)
- ☐ Small duffel – approximately 15 x 15 x 24. Everything you bring must be packed in this except your sleeping bag, mat, and pillow.
- ☐ Two-Three pairs of footwear – Wear a pair of old sneakers. Bring a pair of rafting sandals or other old shoes to wear on the rivers. They **will** get wet. Shoes worn in the cave will get muddy
- ☐ 5-6 changes of clothes – include a pair of jeans or sweats for cooler nights and 5 pairs of socks.
  - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
  - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- ☐ 2 Bathing suits – Girls, bring a modest one-piece suits that are comfortable; you'll be wearing it a lot! Also bring a pair of lightweight shorts to wear over your suit while rafting or swimming.
- ☐ Long sleeve t-shirt and long pants (no elastic waist bands) and sturdy shoes with good traction (but no cleats) for caving. Expect these to get muddy.
- ☐ Face covering
- ☐ A small drawstring backpack that can be carried into the cave (optional)
- ☐ 2 towels – 1 beach and 1 bath
- ☐ 1 wash cloth
- ☐ Toiletries: soap, toothbrush, toothpaste, shampoo, deodorant, brush/comb
- ☐ Sunscreen
- ☐ Flashlight
- ☐ Bible and pen or pencil
- ☐ Jacket or sweatshirt – it is cool in the mountains at night.
- ☐ Light weight poncho
- ☐ Several small plastic trash bags for separating wet clothes
- ☐ Eyeglass wearers should bring a strap to secure glasses while on river.
- ☐ Spending money for extra snacks or souvenirs. All meals are provided.

**\*\*Please see what NOT to bring on page 10 of the handbook**

**-Any of these items brought to camp will be held in the camp office to be picked up on Friday-**

## 2021 ADVENTURE TRIP ITINERARY

- Sunday – 4:00 p.m. check-in and orientation
- Monday – Travel to Tennessee, tackle the Canopy Challenge, and begin Caving Excursion
- Tuesday – Wrap up Caving and Raft the Chattooga River Section III
- Wednesday – Raft the Chattooga River Section IV
- Thursday – Raft the Ocoee River then back to CRS
- Friday – Enjoy the day at CRS and time for pick-up



# TEEN WEEK INFORMATION:

TEEN WEEK gives our older camper a chance to return to camp and enjoy their longtime favorite activities alongside some brand new and games fun just for teens. The teen will be challenged through God's Word, learn what it looks like to put others before themselves, unplug emersed in creation, and connect them with others seeking to live for Christ. This week will be full of fun, laughter, and memories for a lifetime!

- Drive through check in Sunday 3:00-5:00. **Please arrive during your time slot to minimize wait times.**
- Because of the nature of camp activities and our commitment to set a Godly example for others, we ask that our teen campers agree to abide by our standards of modesty and appropriateness in action, word, and dress.

## FORMS NEEDED (forms are due May 1<sup>st</sup>.)

- Confidential Form
- Health History Form
- Health Screening Form – (Bring this form to check-in.)

## SAMPLE TEEN WEEK SCHEDULE

8:30 – Breakfast  
9:15 – Worship  
9:30 – Speaker  
10:15 – activities/group time  
12:30 – lunch  
1:15 – activities, snacks, and more activities!  
6:30 – dinner  
7:15 – evening event and group games!  
10:00 – cabin wind down and devo  
10:30 – lights out!

## TEEN WHAT-TO-BRING LIST:

- ☐ 7 changes of casual clothes, underwear, and socks (Camp can be rough on clothes; please don't send anything you mind getting dirty)
  - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear. Shorts for daily wear should be mid-thigh length.
  - Shirts may not be low cut, show midriff, or gape under the arms. Your shirt should keep you covered in any position—sitting, standing, or doing a wheel barrow race All undergarments (including sports bras) must be covered.
- ☐ 1 pair long pants or jeans
- ☐ 2 swim suits (Keep in mind the lake water may stain suit. Girls: swim suits should be one piece and modest. Please bring shorts to wear over swim suits).
- ☐ P.J.s
- ☐ Rain gear (poncho or light raincoat)
- ☐ Tennis shoes (closed toed shoes are required for campouts and strongly recommended at all times)

- ☐ Twin sheets, light blanket, and pillow for cabin
- ☐ Eno/Hammock for campout\* (optional)
- ☐ 3 towels (1 for swimming, 2 for bathing)
- ☐ Flip flops or shower shoes
- ☐ Soap, toothbrush, toothpaste, shampoo, deodorant, etc... in container for carrying to bathhouse
- ☐ Flashlight
- ☐ Laundry bag
- ☐ Non-aerosol insect repellent
- ☐ Sunscreen
- ☐ Stationery and pre-addressed stamped envelopes for writing home
- ☐ Bible, Journal, Pen
- ☐ Battery operated fan (suggested for cabin).
- ☐ Backpack

\*Teen campers may have the opportunity to camp out in individual hammocks. Some will be provided by camp, but if they have their own, it would be helpful to bring!

We will ask those who are inappropriately dressed to change. We appreciate your help, as we strive to create the best possible camp environment where each camper can thrive.

### **WHAT NOT TO BRING:**

*We desire to create the best and safest camp environment possible. The following items are not allowed because they take away from the camp experience or pose a safety risk.*

- ☐ Anything of great or sentimental value (e.g., valuables, expensive sunglasses, jewelry, digital camera, money...)
- ☐ Any electronic device other than a simple watch. We do not allow cell phones, digital cameras, IPODs, MP3 players, radios, walkie talkies, handheld games, DVD players, e-readers, any device with video capability, etc... (A disposable camera is ok.) Charging of any type of device is not available. *Camp is a place to be unplugged, make friends, and experience new things!*
- ☐ Food, candy, or gum (*these invite insects into our cabins*)
- ☐ Fireworks, firearms, weapons
- ☐ Magazines or inappropriate reading material (including horror or any sexual content)
- ☐ Make-up, hair dryers, curling irons (*in the spirit of camping there is not time for these*)
- ☐ Electric fans (*small battery powered fans are acceptable*)
- ☐ Pets or animals
- ☐ Two piece or tankini swimsuits
- ☐ Personal sports equipment
- ☐ Alcohol, drugs, tobacco products, vapes, or explicit material

**-Any of these items brought to camp will be held in the camp office to be picked up on Friday-**

# HORSE CAMP INFORMATION:

Horse lovers come enjoy a week at camp exploring camp trails on horseback, learning horse handling skills, and vaulting—gymnastics on horseback! You'll also enjoy many of your favorite traditional fun activities such as crafts, ropes course, swimming, and group games. This week will be a terrific opportunity to grow closer to the Savior through lessons from the saddle.

- **Horse camp check in is on Monday from 10:30-11:00 a.m.** at the Hall Lodge Parking Area.
- Parents are invited to the **closing rodeo Saturday at 9:30 a.m. at the Riding Arena and Stables.** You will sign out your camper from his or her chief following the closing rodeo. Luggage, photos, and medications will all be delivered to the Riding Arena for you to pick up.

## FORMS NEEDED (forms are due May 1<sup>st</sup>.)

- Confidential Form
- Health Screening Form - Bring this form to check-in.
- Health History Form

## HORSE CAMP SCHEDULE:

7:00	Rise and shine—cabin clean-up and devotion
8:00	Breakfast
8:45	Horsemanship Lessons, Trail Rides, Vaulting
11:15	Swimming or other activity
12:30	Lunch
1:10	Bible Study, Camp Store, Rest Time
3:15	Activity time—differs each day
4:30	Horsemanship Lessons, Trail Rides, Vaulting
6:00	Supper
6:45	Evening Program—differs each night
9:30	Showers and Devotions
10:30	Taps—Lights Out

## HORSE CAMP WHAT-TO-BRING LIST:

- ☐ 5 pair long pants or jeans\*
- ☐ Tennis shoes and heeled boots (closed toed shoes are required for campouts and strongly recommended at all times; heeled boots are required for horses, and tennis shoes are required for vaulting\*)
- ☐ Your own ASTM certified helmet (*optional if you have one, CRS will provide helmets*)
- ☐ 6 changes of casual clothes, underwear, and socks (Camp can be rough on clothes, please don't send anything you mind getting dirty)
  - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
  - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- ☐ 2 swimsuits (Suits should be one piece and modest. Please wear shorts over your swimsuit. Keep in mind the lake water may stain suit!)

- ☐ P.J.s
- ☐ Rain gear (poncho or raincoat recommended)
- ☐ Twin sheets, light blanket, and pillow for cabin
- ☐ Sleeping bag for campout
- ☐ 3 towels (1 for swimming, 2 for bathing)
- ☐ Flip flops or shower shoes
- ☐ Soap, toothbrush, toothpaste, shampoo, deodorant, etc... in container for carrying to bathhouse
- ☐ Flashlight
- ☐ Non-aerosol insect repellent
- ☐ Sunscreen
- ☐ Stationery and pre-addressed stamped envelopes for writing home
- ☐ Bible
- ☐ Water Bottle
- ☐ Battery operated fan for use in cabin (optional)
- ☐ Small bag or backpack for carrying a change of clothes when needed.

\*Long pants and heeled boots are required for horse activities.

\*\*Please understand that CRS is committed to creating a camp setting positive for all our campers. With this in mind, we will ask campers who are inappropriately dressed (short shorts, shorts with lettering on the seat, tight pants, revealing shirts, etc.) to change. We appreciate your understanding with this matter, as we strive to create the best possible camp environment for all our campers.

**\*\*Please see what NOT to bring on page 10 of the handbook**

**-Any of these items brought to camp will be held in the camp office to be picked up on Saturday-**

# SEE YOU THIS SUMMER!

# LETTERS FROM THE UNIT DIRECTORS

## **OH, HEY THERE MAIDENS!**

Hey maidens! It's Chief Claire, your Maiden Unit Director. I am so excited to be back at CRS with you this summer! I missed you so much last summer, but I can't wait to see you again in a few months or to meet you for the first time! I hope that school has been going well for you and that you are counting down the days until camp! Camp will look a little different than it has before but guess what?! That means new and exciting surprises coming your way!!!! I literally cannot wait! There are SO many things I am excited for this summer - taco night (oh yeah, and girl's night!), adventurous activities, and bible study! It is going to be SO much fun!!

This summer, we are going to be learning about POWER! When we pray, we receive power from God! Isn't that the coolest thing to think about? I cannot wait to study through the Lord's Prayer in Matthew 6 with you! We all have so much to learn and I am excited to grow together! You can start now praying for this summer! Pray for your new friends, your chiefs, and all that the Lord wants to teach you! He has so much to teach each one of us!

As you are preparing for camp this summer, think of a new friend that you can invite! Wouldn't it be so much fun to share your favorite camp memories with your best friend! We would love to have them come join us this summer! Also, it's not too early to pack now. We are all counting down the days! We're about to be back in the place where there is endless fun, silly songs, lots of face cookies, and the best activities! Your chiefs and I are already praying for you and all that you will learn this summer! It is going to be the BEST SUMMER EVER!!!

Can't wait to see you soon!

Your Maiden Unit Director, Chief Claire

## **SCOUT UNIT!!**

HELLO SCOUT UNIT! Camp is basically one bunk note away from being here! I hope you all are doing well and preparing yourself for camp! Mosquitos are not here yet, but they will be here before we know it!

I'm looking forward to seeing you this summer and experiencing camp with you, doing what the scouts do best...HAVE FUN!! The theme of this summer is POWER!! We will learn the power that comes from prayer, and dive into the prayer Jesus prayed Himself, the Lord's Prayer! I'm praying now that you begin to see the importance and power in prayer, and how it's one of the foundations of our faith!

We're going to have such a GREAT summer, so I want to encourage you to prepare yourself for cookies the size of your face, stews full of camp, days full of activities, and moments full of JESUS & THE GOSPEL! I cannot wait to see you!

Your Scout Unit Director, Josh Hamilton



## KEEP IN TOUCH WITH BUNK1!

Be the first to know what's happening this summer at **Camp of the Rising Son**, receive text alerts, view the private photo gallery, and send and receive messages using Bunk Notes & Bunk Replies.

### GET STARTED TODAY!

- Go to [www.Bunk1.com](http://www.Bunk1.com) or search for Bunk1 in the App Store.
  - RETURNING PARENTS:** login using their email address and password. Contact the camp office to update your phone number for text alerts.
  - NEW PARENTS:** click "[New Here? Get Started](#)" or, if using our mobile app, "Sign Up"
  - Complete the form using the Invitation Code: **RISINGSON21**
  - Be sure to opt-in to receiving SMS messages for our text alerts.**
- You will be prompted to select a bundle for access to your Parent Portal. Bundles include credits for you to send Bunk Notes or add Bunk Reply Stationery.
- Just viewing the photo gallery is free!

### PHOTO GALLERY WITH FACIAL RECOGNITION

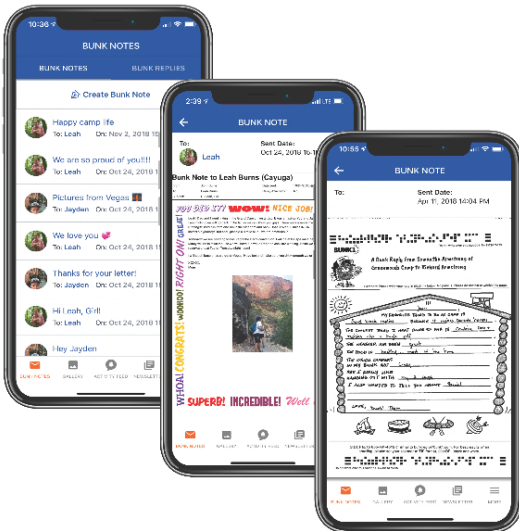
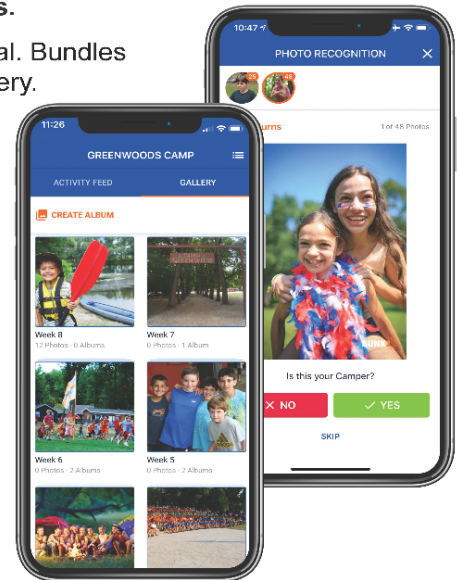
Save Favorite Photos for easy access to pictures of your camper all year-round.

Upload a profile photo of your camper. Our facial recognition will scan all the uploaded photos and notify you when we detect photos of your camper.

Share Photos to social media or email a photo to family.

Customize Unique Photo Gifts such as photo books, mugs, calendars, phone cases and more.

Order high resolution digital downloads or prints.



### SEND BUNK NOTES & RECEIVE BUNK REPLIES

Send Bunk Notes day or night. Your camp receives the notes at **9AM CST** each day containing all Bunk Notes received in the last 24 hours.

Receive a handwritten note from your camper into your Bunk1 account.

- Register for Bunk1 prior to camp, purchase Bunk Reply stationery and print out enough copies to last the summer. Or use credits and add the stationery when you send a Bunk Note.
- Make sure your camper knows to write on the barcoded stationery.
- Camp staff collect in Bunk Replies & send through the Bunk1 system.
- Bunk1 scans the barcode & sends the Reply to your account.

The Bunk1 team is available to support you 7 days a week during peak season. They guarantee a response within 24 hours and it's usually much quicker than that. Please call Bunk1 at 212-974-9112 or email [support@bunk1.com](mailto:support@bunk1.com). For FAQ's related to the services above, visit [www.bunk1family.com/faqs](http://www.bunk1family.com/faqs)