

Cumberland Caverns Overnight Adventure

We are excited to share with you the wonder and adventure of Cumberland Caverns.
Below are some things you need to know while preparing for your trip.

Important:

- Your group may have a late night, and therefore may be eating dinner late. Please prepare for this by eating prior to arrival (since you cannot purchase snack bar food until after your tours are finished).
- Everyone going on the Adventure Tour part of the overnight must crawl through our test box first (dimensions for the box are 19" x 33"). This helps simulate the smallest crawl space on the adventure tours. Making it through that box is a *must* to go on the adventure tours.
- We will provide a helmet and headlamp for the adventure tours - you cannot bring your own helmet.

Things We Recommend Bringing:

- Bedding: sleeping bag, sleeping pad.
- Tarp to put under sleeping bag, etc.
- All explorers are required to wear lace up shoes or boots. The more traction, the better!
- A change of clean clothes (you will get muddy & wet after the adventure tour!)
- Light jacket (cave is 56 degrees Fahrenheit)
- Personal toiletries, such as towels, wash rags, toothbrush, etc
- Water bottle
- Knee pads (optional)
- Gloves
- Flash light (all lights are turned off at midnight, or when all groups have completed their tours and eaten).
- Money for snack bar & gift shop
- A good attitude. You are going to have FUN! 😊

Things Not Allowed in the Cave:

- Outside food or drinks (snack bar is located in the cave, please eat only in the designated area)
- Fires
- Tobacco products
- Alcoholic Beverages
- Weapons (pocket knives are allowed)
- Fighting
- Horse play (Have fun, but safety first!)
- Excessive noise (Please be considerate of your neighbors!)
- Entering or exiting the cave without a cave staff member present

*Cavers Motto~
Take nothing but pictures.
Leave nothing but footprints.*

General Information:

- The cave is 56 degrees Fahrenheit year round, with 99% humidity.
- No one may enter or exit the cave without a cave staff member present.
- Wake up time is 7:45am CST, breakfast is served at 8:00am CST.
- We cannot haul guests or their gear to the cave. Please keep this in mind when packing.

Rules and Regulations

1. Discipline is to be maintained by the adults in the group. An unruly group can be very dangerous. Failure to comply with all rules could result in your expulsion from the cave.
2. Cave vandalism of any form will not be tolerated! It is a felony offence to damage the cave or harm any of its inhabitants. Violators will be prosecuted.
3. Water bottles are permitted. **DO NOT** pour any liquids onto the cave floor.
4. All food and drinks must be consumed in the dining area only.
5. No **running!**
6. Stay with your group and behind your guide on designated trails.
7. Stay on the trail.
8. No rock climbing or rock collecting!!!
9. Use designated restrooms **ONLY!**
10. Each person on the spelunking trip **MUST** have a flashlight.
11. Place all litter into trash cans.
12. No profanity.
13. **NO ONE** is permitted to leave the cave unescorted after entering! Make sure each person in your group has **EVERYTHING** they need for their stay before entering.



CUMBERLAND CAVERNS Adventure Trip Release Form

Please complete a Release Form for each participating individual

****WARNING****

Under Tennessee law, an adventure tourism professional is not liable for an injury to or the death of a participant in adventure tourism activities resulting from the inherent risks of such activities, pursuant to Tennessee Code Annotated, title 11, chapter 11.

ACKNOWLEDGMENT OF RISKS

I, the undersigned person request and am granted permission to enter Cumberland Caverns to participate in a Spelunking Adventure Trip. I am aware I will be crawling in relatively small passages, climbing up and down ladders, walking and crawling over loose and slippery rocks and walking through muddy passageways. Furthermore, I understand that certain risks and dangers exist in this activity which may result in serious injury. I am aware that in signing this document on my behalf, or on behalf of my minor child and/or ward, for participation in Cumberland Caverns' Adventure Trip that certain elements of the activity are physically and mentally demanding.

EXPRESS ASSUMPTION OF RISK AND PERSONAL RESPONSIBILITY

I confirm that I am physically and mentally capable of participating in the activity. I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my participation. I confirm that I will stay within permitted areas, within my group and in close contact with Cumberland Caverns guide and/or staff members during my time in the cave.

RELEASE OF LIABILITY

In consideration of the service and facilities provided, I, for myself; and for my minor child, do hereby release, waive, and discharge Cumberland Caverns, their officers, employees, principals, directors, agents, and volunteers from any and all liability to the undersigned's personal representatives, assigns, heirs and next of kin, for any of any and all injury, disability, death, or loss or damage, to personal property.

SCOPE OF RELEASE AND INDEMNITY

The undersigned expressly agrees that this release is intended to be as broad and inclusive as permitted by the law of the State of Tennessee. Further, I give Cumberland Caverns permission to use photo and video taken at this facility in promotional materials.

I have read this document and I understand it is a release of all claims. I understand and assume all risk inherent. I voluntarily sign my name evidencing my acceptance of the above provisions.

Group Name: _____ Activity Date: _____ (please check one) Adult Child

Name: _____ Minor Child's Name (if under 18): _____

City: _____ State: _____ Zip: _____ Phone: _____

Signature: _____ Date Signed: _____

(Adults should sign for themselves. A parent or guardian should sign for minors)