



#CRS2019Undefeated

Parent Handbook 2019

FILL OUT FORMS

All forms and payments due May 1

GET A PHYSICAL

Call your doctor to schedule

START PACKING

See your program's "What to Bring" list

GET EXCITED!

We can't wait to see you!

Letter to Parents

Thank you for choosing CRS to be part of your camper's summer. We are so excited to get to know him or her and have a wonderful time building friendships, growing and learning new things, having fun in activities, and learning together about Jesus.

We are thrilled to announce **Undefeated** as our summer 2019 camp theme! We can't wait to walk our campers through David's defeat of the giant Goliath. We'll dive into what it means for Jesus Christ to have already won the victory over the giants we face in our own lives! That is an incredible truth to cling to when we are away from the safety net of camp and home.

It is a huge privilege that you have entrusted your camper to us this summer. We are truly grateful for the opportunity to get to know, play, and learn alongside him or her. Our hope is that this handbook answers all of your camp questions—there is even more information on the FAQ sections of our website! If you have any additional questions, please contact our office at 662-547-6169 or email us at info@campoftherisingson.com. We look forward to seeing you soon for an absolutely incredible summer!

In His Service,
The CRS Team



2019 Dates

- June 9-15: Overnight Week 1, D1 Week 1
- June 16-22: Overnight & Day Camp Week 2, Girls Adventure Trip 1, D1 Week 2
- June 23-29: Overnight & Day Camp Week 3, Boys Adventure Trip 1, D2 Week 3
- June 30-July 6: Overnight Week 4, D2 Week 4
- July 7-13: Overnight & Day Camp Week 5, Girls Adventure Trip 2, D1 Week 5
- July 14-20: Overnight Week 6, Boys Adventure Trip 2, D2 Week 6
- July 22-27: Horse Camp *begins on Monday

Account information

- All families, no matter how you registered, can access personal online account through the website <https://campoftherisingson.campbrainregistration.com>. There you can login to check your balance, add campers or weeks, complete forms, or make a payment!
- All remaining balances and forms are due by May 1st.

Arriving at camp (for overnight, CIA, and Adventure Trips)

Camp of the Rising Son is located on the French Camp Academy campus at 444 Lake Road, French Camp, MS.

- Turn onto French Camp Academy Campus off MS Hwy 413 under the arch at School Street.
- Keep going straight and up the hill where you'll find camp!
- Follow signs and greeters to the luggage drop off.
- Parking opens at 3:00 p.m. Please wait in your car if arriving earlier—we'll let you pull up to drop off luggage!

Check in times and locations:

- **Overnight Camp:** 3:30-5:00 p.m. at the Hall Lodge Dining Room
- **Day Camp: Monday 8:00-8:30 a.m.** at the Roadside Pavilion
- **CIA:** 3:30 p.m. at the Hall Lodge Front Porch
- **Adventure Trips:** 4:00p.m. at the Hall Lodge Front Porch
 - **There will be a mandatory meeting beginning at 4:15p.m. at the Owl's Nest, all Adventure Trippers and one parent/guardian for each must be in attendance
- **Horse camp: Monday July 22nd** at 10:30-11:00 a.m. at the Hall Lodge Lobby

Upon arriving:

- Be sure to wear comfortable shoes!
- Arriving at camp you will be greeted by a smiling staff member who will direct you to the luggage drop off and parking. **Keep all medications and forms with you** to turn in at the appropriate tables. You may also want to keep loose items such as a pillow or toiletry kit with you.
- From your car you will be directed to the Hall Lodge where you will proceed to our registration tables where you will
 - Visit the Healthcare Supervisor to drop off any medications and complete the health check
 - See the Registrar if you need to update information or settle accounts.
 - Finally stop at the Unit Director table to receive your cabin assignment!
- You and your camper will be escorted to your cabin where your child's Chief will be waiting and help him or her get settled into a bunk. No bunk saving!
- Head with your child to the Pow Wow to pick up a camp T-shirt purchase any special items or snacks at camp store.
- **Adventure Trippers** will drop off luggage at the Owl's Nest (right across the street from the Lodge).
- Please do not bring pets with you for drop off or pick up of campers.

Please do not arrive early! We are not able to accommodate early drop offs.

Late arrivals:

If circumstances cause you to arrive after the designated time, please call the camp office (662-547-6169) so we can plan accordingly! Any register campers who have not arrived by the end of the designated check in time without prior notice will be contacted by the camp office.

New parent session:

Families new to camp are welcome to join us for a New Parent Session at 4:30 p.m. in the Lakeside Pavilion. You can learn what your camper will be experiencing during his or her week at camp! We'll discuss:

- Camp schedule
- How to view camp photos
- Sending emails to campers
- CRS Staff
- Safety
- Saturday Closing Ceremony and Departing Camp

Get excited!!!

Is your camper more than thrilled about coming to camp?! Let us know by using the #CRS2019undefeated on posts that show your camper packing or otherwise getting ready for his or her week at CRS! We can't wait to see our campers' smiles!

Departing Camp

Closing Ceremony:

- Parents of **Overnight, Adventure Trippers, & C.I.A.s**, please join us for the **Closing Ceremony Saturday at 9:30 a.m. in the HALL LODGE DINING ROOM**.
- Please park in the same areas used for arrival.
- Parents may arrive as early as 8:30 a.m. to load luggage and enjoy coffee at the Lodge.
- Campers must stay with their cabin until dismissed to their parent/guardian.
- Camp Store in the Pow Wow is open after the ceremony for CRS gear and snacks.
- Please do not bring pets with you to pick up your child.
- **Horse Camp:** Please join us for the **Closing Rodeo Saturday at 9:30 a.m. at the Riding Arena and Stables**. Luggage, photos, and medications will all be delivered to the Riding Arena for you to pick up.

Upon Departure:

- Camper leftover medications will be available for pick up after the ceremony on the Lodge back porch.
- Check the lost and found table by the Lodge back porch to grab anything your camper left around!
- After the ceremony, you will follow your camper to his or her cabin and sign out your camper from his or her chief at the cabin. The chief will also give you the week's group photo and newspaper.
- **Your written permission is required for CRS to release your child to someone else.** You can let us know in advance by updating your household information on your online account, or you can notify the registrar during check-in if this is your plan.
- Please notify camp in writing 24 hours prior to pick up to change or add a person to your authorized pick up list. You may email info@campoftherisingson.com
- **We ask that no child leave until Saturday morning.** This is to ensure your child and all the campers receive the maximum benefit of their time at camp. For any early departures necessary please contact the camp office to make arrangements prior to the camp session. Visits during the week are strongly discouraged—each camper has a full schedule.

Luggage:

- From the Scout Unit there will be a reverse shuttle to drop off luggage in front of the Hall Lodge. The Scout Luggage shuttle begins at 8:30 a.m. Luggage is sorted by cabins. Don't forget your sleeping bag or dirty clothes bag!
- We are unable to shuttle luggage from the Maiden Unit due to the high amount of foot traffic. Maiden families may pick up their luggage from their cabin beginning at 8:30 a.m. or after the closing ceremony.
- All Adventure Tripper luggage will be available for pick up at the Owl's Nest.

Health Matters

Thank you for entrusting our child to our care this summer. The safety and well-being of our campers is of utmost importance to us. Our healthcare staff are available 24 hours a day should a camper need care due to injury or illness. Please help us take the best possible care of your child by reviewing the following instructions:

- **NOTE: ALL Overnight, Adventure Tripper, CIA, and Horse campers must have had a health exam completed within the last 12 months (this is Health Form 2—Camper Healthcare Recommendations by Licensed Medical Personnel**)** Please *note this is NOT A FULL PHYSICAL EXAM—most doctors will complete this form at a regular checkup. When making your appointment it may be helpful to let your provider's office know this is similar to a "sport's physical".* This form is not available to be completed online but may be mailed in or uploaded to your account.
****Day Campers** do NOT need Health Form 2-Licensed Medical Personnel form.
- **Please return completed CRS Health Forms by May 1st.** Health History form 1 (the green form) should be completed by the parent either online or using the paper form. Health form 2 (the pink form) should be completed by the doctor's office. Returning campers please contact us if you would like to use your immunization record from last summer. It is important that we have current information on your child's health to offer the best care possible. If your child received any new immunizations, please attach an updated immunization list. Also attach a copy of your insurance card front and back.
- Health forms are available for download at www.campoftherisingson.com under "Camp Forms." **Please save photocopies of your completed health forms for your records.** If any information changes after sending in your form please inform the Health Supervisor during check-in.
- If your camper has special dietary needs please notify the office at least 2 weeks in advance so that we can be prepared to help your child have the best experience possible.
- **Medications should be turned in to the Health Supervisor during Check-In.** Campers are not permitted to have any medications in the cabin.
- Medications will only be dispensed from their original containers. Prescription drugs must be in the original container and prescribed to your camper. Non-prescription drugs will be dispensed only under the signed instructions of a parent or physician. The camp infirmary keeps a stock of commonly needed medications, so bringing non-prescription drugs is unnecessary. The Health Supervisor makes certain all campers receive medications as directed on the health form. *Please note: Sunday through Saturday pillboxes are cannot be accepted.*
- The only medications allowed outside the camp infirmary are rescue inhalers, diabetic supplies, and epi-pens for campers who are accustomed to being responsible for these. Please check-in with the health supervisor if your camper carries one of these.
- **Please keep sick campers at home** to not expose our other campers. A child must be free of fever, lice, or any signs of contagious disease for at least 24 hours before arriving at camp. If your child gets sick immediately prior to his scheduled camp week please call the office to make arrangements for late arrival or a change of weeks.

- **A Health Check** including a temperature and head lice check will be provided for each camper during check in.
- Any camper found with lice must be taken home for treatment. The camper may return to camp when lice free and will be re-checked upon arrival. Please check your child's head for lice before coming to camp.
- During camp **we will contact you if your camper requires more than 24 hours of rest in the infirmary, needs to visit the doctor, or receive prescription medication.**
- Campers whose medical needs are beyond what our Health Supervisor can accommodate will be taken to the Trace Urgent Care or to Baptist Medical Center Attala in Kosciusko, MS.



Staying in touch

- If you need to reach the camp office call 662-547-6169 or email info@campoftherisingson.com We have staff available 7:30 a.m. to 6:00 p.m. except mealtimes and weekends.
- During your camper's session, for an afterhours emergency contact 662-516-5060 to reach our leadership team member on call. *Please note registration questions cannot be handled through this line.*
- **Campers love to get mail!** Send cards and letters and encourage family and friends to do the same! Address it to your camper's full name and include your camper's cabin (once known) on the envelope. Please do not fax letters to campers through the camp office.

Send Mail to: "Your Child's Name"
Camp of the Rising Son
444 Lake Road
French Camp, MS 39745



- We encourage you to send a letter before coming to camp so that your camper will receive mail early in the week. (In this case we will be sure it gets to the right cabin). *You may drop off letters at check in for us to give to your camper throughout the week.* We have a box in the Hall Lodge lobby just for these!
- **CRS is package Free!** Camp is a gift in itself and packages are an unnecessary distraction. All envelopes containing items other than a letter are considered packages and will be held in the camp office for you to pick up on Saturday. The only exceptions are forgotten necessary items or if your camper has a birthday during the week. Do not send candy, gum, or other food items...this invites insects into the cabins. Please notify anyone necessary of the no-package policy!
- **CRS photo gallery!** Our photo gallery is updated throughout the week with photos to allow parents a sneak peek into camp life. While we take as many photos as possible, we may not have a picture of your child every day. Viewing the photos is free!
 - Step 1: Go to www.Bunk1.com (or download the app!)
 - Step 2: Create an account and link to CRS through the invitation code B1Rising
 - Step 3: Select Gallery and look for your child's week.

All photos online are available for purchase as prints, digital downloads, and gift items. You can share your favorites by email or social media!

- **Camper Email!** Though not as good as a letter, CRS provides BunkNotes, a for-fee service that allows you to email your child and even receive a handwritten reply in your inbox. BunkNotes requires an account with Bunk 1 and can be accessed through a link on www.campoftherisingson.com. See the BunkNotes information sheet at the end of the packet for details and access code.
- **Please reserve telephone calls for business purposes and emergencies.** The camp experience is "unplugged", so campers do not have access to a phone. Your questions are always welcome by our camp office. One of our staff will contact you if we have concerns about your child.

- Due to the busy camp schedule and for the safety of all campers, parent or family member visitation is not allowed during camp sessions. Please call the office should any concerns arise.
- **Leave cell phones at home.** Camp is a place where we “unplug” from the digital world in order to enjoy face to face relationship and fun. In a situation where a phone is needed for the trip to and from camp, please turn it in to the Registrar. It can be picked up in the office on the final day of camp.
- **Birthdays at Camp!** We love celebrating birthdays at CRS! The whole camp sings a special Happy Birthday song and the birthday camper’s cabin is treated to a cake! A camper’s birthday is an exception to the no-package policy; however, any food or candy will be discarded. The standard no phone call policy is still followed.
- Keep in touch with CRS throughout the week and all year long through the Camp of the Rising Son Facebook page or follow us *@CRStalk* on Twitter or Instagram! For summer 2019 look out for *#crs2019Undefeated*

General information

- **Campers do not need money at camp.** Camp tuition includes all expenses for activities, a daily snack Monday-Friday from the Camp Store, a camp T-shirt, and a camp picture. Families have the opportunity to purchase CRS merchandise and snacks from our Camp Store on Sundays and Saturdays.
- **Cabin assignments are given out at check-in.** Your camper may request to be housed in the same cabin as a specific friend. CRS guarantees to honor *one mutually requested cabinmate* within one grade of each other. Meeting and making new friends is one of the real benefits of camp! (Large group requests will be divided up by camp staff). Each cabin has two counselors and up to 12 campers.
- **Lost and Found.** We want each camper to go home with every item he or she brought to camp! Each Saturday we display the lost and found collected on the Hall Lodge back porch. *Please check for your child’s items before leaving.* Clearly mark your camper’s items with permanent marker or order name labels from Oliver’s Labels access the link through your online account summary under “Camp Extras”. Items left behind will be held for one month, after which they will be donated.
- **Weekly Themes.** A CRS tradition is to feature an exciting fun-filled theme each week! We will have PLENTY of costumes and props, but feel free to send your camper with items fitting the theme if you choose!
 - Wk1- Outer Space
 - Wk2- Christmas
 - Wk3- Anything Can Happen
 - Wk4- America
 - Wk5- Olympics
 - Wk6- Candyland

- **Camp rules** are established to help all campers safely enjoy their week of camp. Campers must willingly agree to abide by the rules as explained in camp and activity orientations. Parents will be contacted if there is a continuous problem of behavior that threatens safety or detracts from the wholesome environment Camp of the Rising Son desires to provide. A camper who is determined by the Camp Director to have committed a major violation or continue behavior that is detrimental to the camp community will be dismissed from camp.
- **Staying Two Weeks?** Stayovers are campers registered for more than one consecutive week at CRS. This service is provided at a minimal cost. We will wash your laundry, so only 1 week of clothing is necessary! The weekend activities go at a slower pace to allow rest but still include plenty of fun! Stayover campers can choose five new activities for their second week—they can choose different ones or repeat some favorites. Space is limited, so be sure to reserve your space through registration or contacting the camp office.

Some parents would rather pick-up their child and have them for the break. This is perfectly fine too! If that is what you prefer, then you can come to our closing ceremony on Saturday morning after your child's first week and check out your child as usual. Then on Sunday just bring him or her back to CRS and check-in for the next week.

What to leave at home

We desire to create the best and safest camp environment possible. The following items are not allowed because they take away from the camp experience or pose a safety risk.

- Anything of great or sentimental value (e.g. valuables, expensive sunglasses, jewelry, digital camera, money...)
- Any electronic device other than a simple watch. We do not allow cell phones, digital cameras, IPODs, MP3 players, radios, walkie talkies, handheld games, DVD players, e-readers, any device with video capability, etc... (A disposable camera is ok.) Charging of any type of device is not available. *Camp is a place to be unplugged, make friends, and experience new things!*
- Food, candy, or gum (*these invite insects into our cabins*)
- Fireworks, firearms, weapons
- Magazines or inappropriate reading material (including horror or any sexual content)
- Make-up, hair dryers, curling irons (*in the spirit of camping there is not time for these*)
- Electric fans (*small battery powered fans are acceptable*)
- Pets or animals
- Two piece or tankini swimsuits
- Personal sports equipment
- Alcohol, drugs, explicit material

-Any of these items brought to camp will be held in the camp office to be picked up on Saturday-

Campers are responsible for their own belongings. Our staff do all they can to help your camper keep up with his or her items, but CRS cannot assume responsibility for a camper's belongings. If a camper would be devastated by losing an item, then we suggest to not pack it.

After camp

- At the end of the summer we will have a parent survey available for you to evaluate your child's experience with us. Please let us know about your child's experience as we strive to continually improve!
- Your camper will receive a letter from his or her counselor during the school year. We work hard to recruit and train excellent, trustworthy staff and we encourage them to develop wholesome, healthy relationships with their campers. Our desire is that our staff has had a positive impact on your child. With the abundance of ways to communicate available today, we want you to be an informed decision maker regarding contact and communication between our staff and your campers outside of the camp setting. We expect behavior that is above reproach from our staff. Our policy is that all communication with a camper must be open and accessible to the parent. Please notify us immediately if you suspect any inappropriate behavior by one of our staff members.

Tips for your child's success:

Homesickness is a normal part of adjusting to camp life for some campers. It is typically a slight anxious feeling brought on by adjusting to a new environment. With our 1:6 counselor to camper ration, staff training, and active schedule, homesickness is usually kept at bay. If it does occur, our Chiefs are prepared and willing to support any camper dealing with homesickness. Our goal is for them to have a successful week--we know that growth and self-confidence come through taking risks and overcoming challenges. With a little preparation from you, together we can help your child have a great week!

- Communicate confidently to your camper that they will have a great week. Talk about what your child has to look forward to and keep up their excitement about camp.
- Look over the activity list and help your camper get excited about what to pick during activity sign up on Sunday night.
- Encourage them to make new friends and try new things.
- *Do not* tell your camper that they can come or call home if they do not like camp. This contributes to homesickness and hampers the camper's ability to adjust to camp life. Our staff will contact the parents of a camper experiencing above average levels of homesickness.
- If your child is not used to being away from you, give them some practice overnight stays with grandparents, family, or friends.
- On Check-in Day settle your child into the cabin and leave soon after. This helps prevent homesickness and encourages your child to bond with his chiefs and cabinmates. Save tours of camp until Closing Day when your child can share memories with you.
- Let your camper know to go to their counselor or unit director with any problems or questions.
- Avoid sending letters that tell a camper what is being missed at home; instead focus on the fun things they are experiencing at camp and encourage them that it is ok to have fun away from you.
- If you receive a letter from your camper about missing home, do not panic. Remind yourself that your child is surrounded by chiefs making every effort to help them have fun and feel safe. Feel free to email or call the camp office to check on your child.

Overnight Camp Info:

Forms to complete (forms are due May 1st.)

- Confidential Form
- Health History Form
- Recommendations by Licensed Medical Personnel Form

Daily Schedule

7:00	Rise and shine—cabin clean-up
7:50	Flag Raising and Waiter Call
8:00	Breakfast & Worship
8:45-9:45	Activity I
10:00-11:00	Activity II
11:15-12:15	Activity III
12:30	Lunch
1:10	Bible Study, Camp Store, Rest Time
3:15-4:15	Activity IV
4:30-5:30	Activity V
5:50	Flag Lowering and Waiter Call
6:00	Supper
6:45-8:30	Evening Program—differs each night (Guys/Girls Night, Overnight Campout, Waterslide*, Theme Night, and Passion Play!)
8:30	Showers and Devotions
9:30	Taps—Lights Out
	*Weather Permitting

Overnight What to bring

Life at camp is simple—less is best! Please keep in mind that your camper will be responsible for managing all belongings while at camp! Cabin space is limited—campers may pack in a trunk, tub, suitcase, or duffle bag. Luggage should be less than 15" high to fit under the bunks.

Clothing:

- 7 changes of casual clothes, underwear, and socks (Camp can be rough on clothes; please don't send anything you mind getting dirty)
 - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
 - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- 1 pair long pants or jeans (1 for overnight campout; more if your camper plans to participate in horse activities)
- 2 swim suits (Girls must wear a modest, one-piece bathing suit. Keep in mind the lake water may stain.)
- P.J.s
- Rain gear (poncho or light raincoat)
- Closed toed or tennis shoes (closed toed shoes are required for campouts and strongly recommended at all times; heeled boots are required for horses*)
- Water shoes (or Chaco/Keen type sandals) for walking across levy to water zip line!
- Costume related to theme of the week (optional)

Linens:

- Twin sheets, light blanket, and pillow for cabin
- Sleeping bag for campout
- 3 towels (1 for swimming, 2 for bathing)

Toiletries:

- Flip flops or shower shoes
- Soap, toothbrush, toothpaste, shampoo, deodorant, etc... in container for carrying to bathhouse
- Non-aerosol insect repellent
- Sunscreen

Miscellaneous:

- Bible
- Flashlight or headlamp (don't forget the batteries!)
- Laundry bag
- Pen/Pencil
- Stationery and pre-addressed stamped envelopes for writing home
- Book or other quiet activity for rest time
- Battery operated fan (suggested for cabin).
- Small backpack or bag for carrying change of clothes for between activities.
- Water bottle

*Heeled boots are required for horse trail and arena activities. However, please do not purchase boots only for camp—we have a few “loaner” pairs.

**oliver's labels**

All items should be plainly marked with the camper's name in permanent marker or order name labels by logging on to your registration account and click "Camp Extras. CRS has partnered with Oliver's Labels to offer all types of labels that are waterproof and fun to be the first line of defense from the lost-and-found!

****Please see what NOT to bring on page 10 of the handbook**

-Any of these items brought to camp will be held in the camp office to be picked up on Saturday-

Activities

Activities at Camp of the Rising Son are a fun part of each day! Each overnight camper personalizes his or her week by choosing favorites to participate in daily from our offering of over 20+ exciting activities! Through activities, campers learn new skills and explore new and unique interests in a safe, fun atmosphere.

Campers will sign up in person for their activities during our Sunday night event. This allows campers increased control over activity selection, order of schedule, as well as be able to coordinate their schedule with friends or cabinmates. Each camper participates in five activities daily, going to each one Monday-Friday.

Before camp help your camper become familiar with the activities below. In the cabin upon check-in, your camper will receive their sign-up form and mark **five top preferences plus two alternates**. Campers will then use this form to officially sign-up for activities in person on Sunday night. Counselors work with each camper to be certain that each one is pleased with his activity schedule. Every activity is staffed by chiefs who have been certified and/or trained in that area of instruction.

Activities offered for all ages:

Archery: Campers are taught by a trained archery instructor safe bow handling and shooting techniques. Learning safety rules, parts of the bow and arrow, and shooting for points make this activity a lot of fun. Archery is part of the CRS award program.

Art: This activity is a great opportunity for campers to express themselves creatively. Campers will be exposed to several types of mediums and create a portfolio of various works by the end of the week.

Canoeing: Enjoy learning to control a canoe, various paddle strokes, and the basics of water rescue out on picturesque Lake Ann. Canoeing is part of the CRS award program.

Dance: Jazz, Hip-Hop, and fun! Campers will learn group dances and coordination skills. Camp is the perfect place to try out a new style as well as show off talent. Dancers perform a group dance for the camp on Friday.

Fishing: Campers are able to relax beside beautiful Lake Ann and learn how to bait a hook, cast, and reel one in! Fishing is part of the CRS award program.

Free Swim: In Free Swim, campers get to cool off in the water down at our pool, make a big splash on our water slide, and play games or just chill with friends.

Leather Crafts: Campers have the opportunity to create a variety of unique crafts using leather, hammers, stamps, and dye. These creations will be treasured for years to come!

Mixed Sports: Campers will have the opportunity to play various team sports from soccer to flag football and pillo polo! We'll concentrate on learning how to work together, new skills, and have fun!

Nature: Enjoy exploring the CRS property while learning to identify the area plant and wild life. Hunt for leaves, insects, and animal tracks or hike to our sulfur spring. Nature is part of the CRS award program.

Pottery: Campers get to make various clay creations from learning to hand shape a "pinch pot", to jewelry, and most anything they can dream up. Their pieces are fired in our kiln and then painted by the artists themselves.

Ropes Course: This exciting activity features our new 30 foot climbing tower and the chance to zip over Lake Ann! From beginner to experienced everyone can find a challenge here! Campers also learn team work techniques with our group games and low ropes elements. Ropes Course is part of the CRS award program.

STUFF: Stands for **S**uper **T**errific **U**npredictable **F**renzy of **F**un and that is exactly what campers have in this activity. The variety of games is endless fun for everyone—from classic fun games to crazy new CRS creations, campers never know what to expect next!

Swimming Lessons: Swimmers, beginner to advanced levels, will learn new skills or improve their strokes at our pool under the instruction of our experienced aquatic staff. At the end of the week each swimmer receives a certificate for the level completed.

Vaulting: Vaulting is the art of gymnastics on the back of a moving horse. Combining the love of horses with the fun and excitement of gymnastics, vaulting helps the camper to develop balance, flexibility and confidence. Vaulting is part of the CRS award program.

Waterfront: Campers in waterfront enjoy making a splash in the lake, swimming to our floating dock, playing water and beach games, testing out the paddle boards, and more!

Activities offered for ages 7-9 only:

Horses—Arena Rides: Campers receive basic lessons in riding, grooming, care, and safety in our covered arena. Learn to lead, bridle, saddle, as well as playing games. Our mini horse is a favorite part of Arena Rides!

Activities offered for ages 9-12 only:

Horses—Trail Riding: Learn proper riding techniques and horse handling skills while under the supervision of CRS wranglers. Campers ride the numerous trails that crisscross the camp property learning to ride at various gates from walk to gallop. They also learn parts of the horse and care and treatment of horses. Trail Riding is part of the CRS award program.

Activities offered for ages 10-12 only:

Archery Sports: A cross between Archery, Dodgeball, and Capture the Flag! Learn new shooting skills and test your aim while playing fun archery games! Don't worry mom—it's safe!

Camp Skills: This activity prepares campers for camping out in the woods and teaches basic survival skills. These serious campers learn to build a fire, set up a tent, and more. Camp skills is part of the CRS awards program

Frisbee Sports: In Frisbee Sports campers will learn the basics of throwing and catching a Frisbee and play Frisbee golf on our 9-hole course, Ultimate Frisbee, other fun Frisbee games, and more!

Kayaking: Kayaking offers campers the opportunity to learn to control a boat while being coached in various handling techniques, paddling, and kayak rescues. Kayaking is part of the CRS awards program.

Newspaper: Work with fellow newspaper staffers to create *Smoke Signals*, the weekly CRS newspaper which is sent home with each camper on Saturdays. Learn the basics of writing articles and interviewing skills while also having a blast!

Sailing: A longstanding favorite at CRS, sailors board our Sunfish sailboats and explore beautiful Lake Ann. Learn the parts of the boat, how to rig and de-rig, tying knots, and the basics of sailing and boat safety. Sailing is part of the CRS award program.

Day camp information:

We are excited to offer Day Camp as a great way to get introduced to camp life. The campers will rotate through various activities throughout the week to get a taste of camp.

- **Monday check in** at the Roadside Pavilion (on the left before reaching the Lodge) between 8:00 and 8:30 a.m. Have your camper wear casual clothes and tennis shoes.
 - Turn in any outstanding forms.
 - Communicate with Healthcare staff any special needs of your child while they are in our care.
- **Arrive daily Tuesday – Friday at the Pavilion between 8:00 a.m. and 8:15 a.m.** Have your child dressed for his or her first activity. Our counselors will inform you each evening on the next day's activities so your child can come dressed appropriately. *Please notify the camp office if your child will not be attending that day for any reason.*
- **Monday-Friday pick-up your child at the Pavilion between 5:00 p.m. and 5:15 p.m.** We ask that you sign-out your child each day. (You will have the opportunity to designate additional people with permission to sign-out your child if desired.)
- Day campers will be served lunch and an afternoon snack each day.
- Day campers will use the Roadside Pavilion as their home base—there will be a place they can keep their clothes to change into for activities.
- Plan to join us **Friday at 5:00 for the Closing Ceremony.** It is a great opportunity to get a glimpse of your child's camp experience.
- ****Day Campers** do not need Health Form 2-Licensed Medical Personnel form.**
- CRS does not provide transportation for day campers.

Forms Needed (forms are due May 1st.)

- Confidential Form
- Health History Form

Day Camp Schedule:

8:00-8:15	Drop off at the Pavilion
8:30	Kick off, Bible Study
9:30	Activities* (differ each day)
11:30	Songs, Ready for Lunch
11:45	Lunch
12:30	Rest Time
1:15	Activities* (differ each day)
3:15	Camp Store
3:45	Large group game
4:45	Wrap Up
5:00-5:15	Pick up at the Pavilion

Day Camper What-to-Bring List:

Send the following items Monday morning:

- Bag with a change of casual clothes, underwear, and socks (just in case)
- Swim suit and towel (for water activities)
- Insect repellent
- Sunscreen
- Small backpack or bag to carry items needed between activities
- Bible



oliver'slabels

All items should be plainly marked with the camper's name in permanent marker or to order name labels login to your registration account and click "Camp Extras. CRS has partnered with Oliver's Labels to offer all types of labels that are waterproof and fun to be the first line of defense from the lost-and-found!

****Please see what NOT to bring on page 10 of the handbook**



Adventure trip information:

- **Adventure Trippers check in at 4:00** at the Hall Lodge Front Porch
**There will be a mandatory meeting beginning at 4:15 at the Owl's Nest, all Adventure Trippers. One parent/guardian for each Adventure Tripper must be in attendance.
- **Medications should be turned in to the Trip Leader during Check-In.** Adventure Trippers are not permitted to have any medications in their possession. Medications will only be dispensed from their original containers. Prescription drugs must be in the original container and prescribed to your camper. Non-prescription drugs needed daily will be dispensed only under the signed instructions of a parent or physician. The trip leaders have a stock of commonly needed medications, so bringing non-prescription drugs is unnecessary. The Trip Leaders make certain all Adventure Trippers receive medications as directed on the health form.
- During the trip **we will contact you if your camper misses a trip event due to illness, needs to visit the doctor, or receive prescription medication.**
- **Even Adventure Trippers love to get mail! Pack a note in your Adventure Tripper's luggage!** Since the rafting trip leaves Monday morning and returns Friday night, delivering mail to them is not an option. However, you can pack notes in the luggage to give a smile! Any mail received at camp will be delivered Saturday morning.
- **Camper Email is not available to Adventure Trippers due to the nature of their trip.** CRS will send email updates to Adventure Tripper parents 2-3 times during the week.
- **Adventure Trippers do not need money for meals, transportation, or program costs.** Many families do choose to send spending money for the purchase of souvenirs at the river outposts or snacks at rest stops. This is optional, and a \$50 maximum is suggested.

Forms Needed (forms are due May 1st.)

- Confidential Form
- Health History Form
- Recommendations by Licensed Medical Personnel Form
- Rafting Waiver
- Caving Waiver
- Behavior Covenant

Adventure Trips What to Bring

**Because you will be going on a camping trip and moving frequently, it is important to bring only the basics! Please bring clothes that you don't mind getting dirty and wet.*

- Sleeping bag –warm for camping in the mountains. It should be rolled and tied securely.
- Camp mat (optional) should be easily packable.
- Small pillow (optional)
- Small duffel – approximately 15 x 15 x 24. Everything you bring must be packed in this except your sleeping bag, mat, and pillow.

- ❑ Two pairs of footwear – Wear a pair of old sneakers. Bring a pair of rafting sandals or other old shoes to wear on the rivers. They **will** get wet.
- ❑ 5-6 changes of clothes – include a pair of jeans or sweats and 5 pairs of socks.
 - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
 - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- ❑ 2 Bathing suits – Girls, bring a modest one-piece suits that are comfortable; you’ll be wearing it a lot! Also bring a pair of lightweight shorts to wear over your suit while rafting or swimming.
- ❑ Long sleeve t-shirt and long pants (no elastic waist bands) and sturdy shoes with good traction (but no cleats) for caving. Expect these to get muddy.
- ❑ A small drawstring backpack that can be carried into the cave (optional)
- ❑ 2 towels – 1 beach and 1 bath
- ❑ 1 wash cloth
- ❑ Toiletries: soap, toothbrush, toothpaste, shampoo, deodorant, brush/comb
- ❑ Sunscreen
- ❑ Flashlight
- ❑ Bible and pen or pencil
- ❑ Jacket or sweatshirt – it is cool in the mountains at night.
- ❑ Light weight poncho
- ❑ Several small plastic trash bags for separating wet clothes
- ❑ Eyeglass wearers should bring a strap to secure glasses while on river.
- ❑ Optional @\$50.00 spending money for extra snacks or souvenirs. All meals are provided.

****Please see what NOT to bring on page 10 of the handbook**

-Any of these items brought to camp will be held in the camp office to be picked up on Saturday-

2019 Adventure Trip Itinerary

- Sunday – 4:00 p.m. check-in and orientation
- Monday – Travel to Georgia and pitch camp
- Tuesday – Raft the Chatttooga River Section III
- Wednesday – Raft the Chattooga River Section IV
- Thursday – Raft the Ocoee River. Travel to Cumberland Caverns and begin Caving Excursion
- Friday – Complete Caving Excursion then back to CRS
- Saturday – Closing Ceremony and checkout

C.I.A. D1/D2 Information:

- We only accept a limited number of campers into the D1/D2 program each week, so all CIAs of the same gender are in the same cabin making cabin requests unnecessary. CIAs will not be placed in the cabin with campers in other programs.
- C.I.A.s check in Sunday at 3:30 p.m. at the Hall Lodge Front Porch.
- As a CIA our campers look up to you. Because of the nature of camp activities and our commitment to set a Godly example for our campers we ask that CIAs agree to abide by our standards of modesty and appropriateness in action, word, and dress.
- An important part of the C.I.A. is building relationships. If you gave parental permission, our camp leadership or CIA counselors may contact your child through phone and/or social media before camp as part of the acceptance process and after camp for the purpose of encouragement and accountability. As always, our desire is that camp staff has had a positive impact on your child. Please notify us immediately if you suspect any inappropriate behavior by one of our staff members.

Forms Needed (forms are due May 1st.)

- Confidential Form
- Health History Form
- Recommendations by Licensed Medical Personnel Form

Sample D1/D2 Schedule

7:15	Rise and shine & Clean Up
7:50	Flag/Waiter Call
8:00	Breakfast & Worship
9:00	Service Time
10:00-11:00	Hang Time
11:15-12:15	Bible Study
12:20	Waiter Call
12:30	Lunch
1:15	Rest Time
2:15-3:30	Activity Time
3:45	Camp Store & Clean up
4:30-5:30	Activity V—Assist with assigned activity
5:50	Waiter Call
6:00	Supper
7:00	Evening Program
8:30	AMP Time (CIAs only)
9:30	Showers
10:00	Lights Out

CIA What-to-Bring List:

Clothing:

- 7 changes of casual clothes, underwear, and socks (Camp can be rough on clothes; please don't send anything you mind getting dirty)
 - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
 - Shirts may not be low cut, show midriff, or gape under the arms. Your shirt should keep you covered in any position—sitting, standing, or doing a wheel barrow race All undergarments (including sports bras) must be covered.
- 1 pair long pants or jeans
- 2 swim suits (Keep in mind the lake water may stain suit. Girls: swim suits should be one piece and modest. Please bring shorts to wear over swim suits).
- P.J.s
- Rain gear (poncho or light raincoat)
- Tennis shoes (closed toed shoes are required for campouts and strongly recommended at all times)

Linens and Toiletries:

- Twin sheets, light blanket, and pillow for cabin
- Sleeping bag for campout
- 3 towels (1 for swimming, 2 for bathing)
- Flip flops or shower shoes
- Soap, toothbrush, toothpaste, shampoo, deodorant, etc... in container for carrying to bathhouse

Miscellaneous:

- Flashlight
- Laundry bag
- Non-aerosol insect repellent
- Sunscreen
- Stationery and pre-addressed stamped envelopes for writing home
- Bible, Journal, Pen
- Battery operated fan (suggested for cabin).
- Backpack

We will ask those who are inappropriately dressed to change. We appreciate your help, as we strive to create the best possible camp environment where each camper can thrive.

What **NOT** to bring:

****Please see what NOT to bring on page 10 of the handbook**

-Any of these items brought to camp will be held in the camp office to be picked up on Saturday-

Horse Camp information:

Horse camp check in is on Monday from 10:30-11:00 a.m. at the Hall Lodge. Please be on time, we will get started right away!

Horse Camp is dismissed after the **closing rodeo which begins Saturday at 9:30 a.m.** You will sign out your camper from his or her chief following the closing rodeo. Luggage, photos, and medications will all be delivered to the Riding Arena for you to pick up.

Forms Needed (forms are due May 1st.)

- Confidential Form
- Health History Form
- Recommendations by Licensed Medical Personnel Form

Horse Camp Schedule:

7:00	Rise and shine—cabin clean-up and devotion
8:00	Breakfast
8:45	Horsemanship Lessons, Trail Rides, Vaulting
11:15	Swimming or other activity
12:30	Lunch
1:10	Bible Study, Camp Store, Rest Time
3:15	Activity time—differs each day
4:30	Horsemanship Lessons, Trail Rides, Vaulting
6:00	Supper
6:45	Evening Program—differs each night
9:30	Showers and Devotions
10:30	Taps—Lights Out

Horse Camp What-to-Bring List:

- 5 pair long pants or jeans*
- Tennis shoes and heeled boots (closed toed shoes are required for campouts and strongly recommended at all times; heeled boots are required for horses, and tennis shoes are required for vaulting*)
- Your own ASTM certified helmet (*optional if you have one, CRS will provide helmets*)
- 6 changes of casual clothes, underwear, and socks (Camp can be rough on clothes, please don't send anything you mind getting dirty)
 - Modest is key—please no spaghetti straps, short shorts, or shorts with writing on the rear.
 - Shirts may not be low cut, show midriff, or gape under the arms. All undergarments (including sports bras) must be covered.
- 2 swim suits (Ladies: Suits should be one piece and modest. Please wear shorts over your swimsuit. Keep in mind the lake water may stain suit!)
- P.J.s
- Rain gear (poncho or raincoat recommended)
- Twin sheets, light blanket, and pillow for cabin
- Sleeping bag for campout

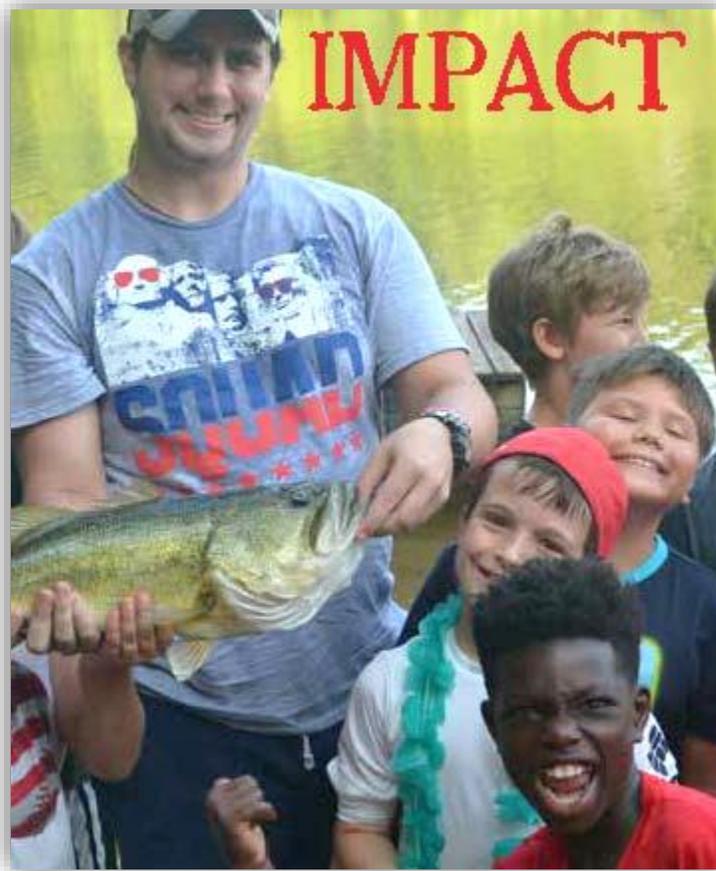
- 3 towels (1 for swimming, 2 for bathing)
- Flip flops or shower shoes
- Soap, toothbrush, toothpaste, shampoo, deodorant, etc... in container for carrying to bathhouse
- Flashlight
- Non-aerosol insect repellent
- Sunscreen
- Stationery and pre-addressed stamped envelopes for writing home
- Bible
- Water Bottle
- Battery operated fan for use in cabin (optional)
- Small bag or backpack for carrying a change of clothes when needed.

*Long pants and heeled boots are required for horse activities.

**Please understand that CRS is committed to creating a camp setting positive for all our campers. With this in mind, we will ask campers who are inappropriately dressed (short shorts, shorts with lettering on the seat, tight pants, revealing shirts, etc.) to change. We appreciate your understanding with this matter, as we strive to create the best possible camp environment for all our campers.

****Please see what NOT to bring on page 8 of the handbook**

-Any of these items brought to camp will be held in the camp office to be picked up on Saturday-



Letters from the Unit Directors

OH, HEY THERE MAIDENS!

It's Chief Claire – your Maiden Unit Director. Are you **RED**-y for the best summer of your entire life? **ORANGE** you glad that summer is right the corner because we sure are. All of the chiefs are tickled **PINK**. They truly cannot wait to spend their summer with you. We hope that you are as excited as we are. We wish we could just pack our bags and head right to camp.

This school year is so quickly coming to an end. I've been playing soccer, learning how to be a nurse, making new friends, and studying so much about who I am in Jesus. I hope that your school year has been the best one yet. While I've been doing school work, I've also been planning out this summer. I am so excited to announce to you that our bible study theme this summer is **U N D E F E A T E D!** We are going to be learning about God's power and how thanks to him, we get to live free! The story of David and Goliath is going to teach us so much about what Jesus calls us to do. He calls us to be courageous and to trust in what he has planned for each one of us. I can't wait to learn more about our Jesus alongside you this summer!

Don't forget about girl's night. It's going to be loud. It's going to be crazy. You're going to have so much fun with your cabin. You seriously have no idea. Get pumped! It's **CLEARLY** going to be the best girl's night of your life.

Between all the fun activities, face cookies, program nights, and bible studies, this is shaping up to be the **GOLDEN** summer. Don't let any of your friends be **BLUE** – Invite them to come to camp, too. I can't wait to meet you and become friends. Our friendship is truly **MINT** to be.

See you soon!
Love, Chief Claire

Hello SCOUT UNIT!

Since summer is almost here, it is time to get pumped for camp. I am so happy that you get to come to camp. It is going to be an absolutely, positively amazing summer. The chiefs have already put their heads together to come up with some awesome ideas for this summer. Activities, games, camp out, bible study, and guy's night are going to be so much fun! We are going to have a couple different activities for guys night, so get pumped for that. There are going to be a couple new things this summer that are going to make camp even better.

I am so ready to have you in the scout unit this summer, with all the new friends that you are going to make. In bible study this summer we are going to look at how we are "Undeclared" in Jesus. We are going to do that by looking at the story of David and Goliath, and how Jesus like David has already defeated our giants. Giants are still in our lives, but they do not have to rule them because of Jesus. This summer we are going to look at how Jesus frees us from our giants. This is what makes us "UNDEFEATED"

REMEMBER that it is not too late to invite a friend to come on this crazy camp adventure with you. Make sure you do not forget anything, like a tooth brush, or clothes, or your bible. I cannot wait to see you, and make sure that you are ready for an awesome time at camp worshipping Jesus this summer.

Your Scout Unit Director,
Chief Renn

See you this summer!



KEEP UP WITH CAMP ALL SUMMER LONG!

Be the first to know what's happening this summer with the **Camp of the Rising Son** private photo gallery, then send and receive messages using Bunk Notes & Bunk Replies. No need to wait for snail mail; Bunk1 makes it easy to communicate with your child and receive handwritten responses direct to your Bunk1 account either on your computer or through the app!

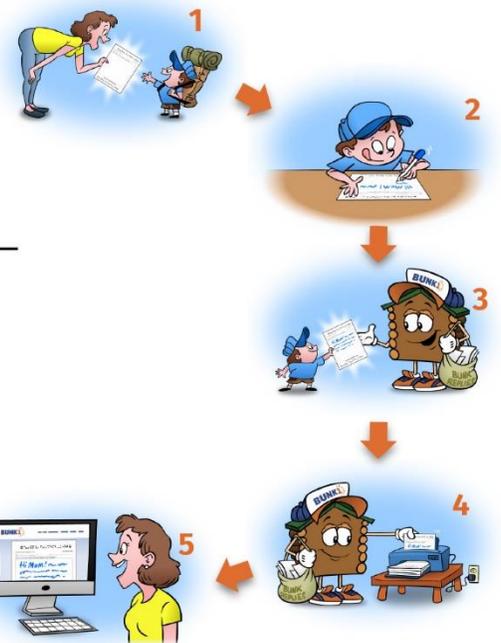
GET STARTED TODAY!

- Go to www.Bunk1.com
 - **RETURNING PARENTS** will login using their email address and password.
 - **NEW PARENTS** will click "[Need an account or have an invitation code?](#)" and complete the basic form. The Invitation Code for **Camp of the Rising Son** is: **B1RISING**
- You will be prompted to select a bundle for access to your Parent Portal. Photo gallery access is free! Bundles include credits for you to send Bunk Notes and enhance your notes with borders, photos, sports scores, and puzzles.

SENDING BUNK NOTES

Send Bunk Notes day or night! Your camp receives a pdf at **8 am EST** each day containing all Bunk Notes received in the last 24 hours.

On the go? Purchase **Bunk Notes Express**, and receive a unique email address for your camper. Simply send your camper an email and have it delivered as a Bunk Note.



RECEIVING BUNK REPLIES

Receive a handwritten note from your camper into your Bunk1 account.

1. Register for Bunk1 prior to camp, purchase Bunk Reply stationery and print out enough copies to last the summer. Or use credits and add the stationery when you send a Bunk Note.
2. Make sure your camper knows to write on the barcoded stationery.
3. Camp staff collect in Bunk Replies.
4. Camp staff fax all Bunk Replies back to Bunk1.
5. Bunk1 scans the barcode & sends the Reply to your account.



SECURE SUMMER PHOTO GALLERY

Save Favorite Photos for easy access to pictures of your camper all year-round.

Share Photos to social media or email a photo to family.

Order high resolution digital downloads or prints.

Customize Unique Photo Gifts such as photo books, mugs, calendars, phone cases and more.

The Bunk1 team is available to support you 7 days a week during peak season. They guarantee a response within 24 hours and it's usually much quicker than that. Please call Bunk1 at **1-888-465-2267** or email support@bunk1.com. For FAQ's related to the services above, visit www.bunk1family.com/faqs Use of all Bunk 1 services is completely optional